

DATE OF PREPARATION: September 8, 2023

PERSONAL DATA:

- **Martin Picard, Ph.D.**
- **Contact information**
Division of Behavioral Medicine, 622 W. 168th Street, PH1540-N, New York, NY 10032
mp3484@columbia.edu, 646-774-8967 (PH office), 646-774-5026 (Kolb office) www.picardlab.org
- **Birthplace:** Montreal, Canada
- **Citizenship:** Canada. **US Immigration status:** Permanent Resident.

EXECUTIVE SUMMARY

- **Training:** Interdisciplinary training in mitochondrial biology of aging, mitochondrial genetics, systems biology, behavioral medicine, psychosocial oncology, and psychoneuroendocrinology.
- **Research:** My laboratory develops and applies mitochondrial science approaches to human psychobiology research, defining mechanisms linking the human experience to molecular processes within mitochondria. We have developed a mitochondrial health index (MHI) to study the mind-mitochondria connection in humans, identified novel membrane structures for mitochondrial communication in mitochondrial diseases, showed that cell-free mitochondrial DNA (cf-mtDNA) is a psychological stress-inducible molecule detectable in saliva, found that human hair greying is reversible and linked to life stress, and developed a cellular longitudinal lifespan model that recapitulates trajectories of human epigenetic aging and allowed us to quantify the energetic cost of allostatic load *in vitro*. My group's expertise and mitochondrial assays have been shared and implemented internationally.
- **Publications:** 115 publications; 10,253 citations ([Google Scholar](#)); including invited perspectives that have integrated concepts across fields to introduce and build the foundation for mitochondrial psychobiology.
- **Funding:** PI/MPI on 5 NIH R01s, Co-I on 2 collaborative R01/U01 grants. *Pending:* 1 R01 and 1 CZI grant.
- **Awards:** *Nathan W Shock Memorial Lecture*, NIH; *Early Career Impact Award*, FABBS; *Rising Stars Lecture*, NIH Director's Office; *Neal E Miller New Investigator Award*, ABMR; *Herbert Weiner Early Career Award*, APS.
- **Outreach:** >40 invited talks at international/national conferences and institutions in the past 5 years, including a TEDx talk. Research covered in *Scientific American*, *The New Yorker*, *Wall Street Journal*, and *The New York Times*.
- **Service:** Service includes co-chair of the Columbia University Seminar (USEM) on the future of aging research, peer review for academic journals and international granting agencies, and advisory roles to NIA and NIMH leadership. I am devoted to training the next generation of diverse translational scientists and mitochondrial psychobiologists.

ACADEMIC APPOINTMENTS:

- | | | |
|--|-------------------|--|
| • Associate Professor of Behavioral Medicine (in Psychiatry and Neurology) | 01/2019 - present | Department of Psychiatry, Division of Behavioral Medicine & Department of Neurology
Columbia University Irving Medical Center (CUIMC) |
| • Endowed Chair in the Science of Energy and Health | 10/2023 - | Columbia Aging Center,
Mailman School of Public Health, CUIMC |
| • Research Scientist VI | 07/2021 - present | New York State Psychiatric Institute (NYSPI) |
| • Research Scientist VIII | 10/2019 - present | Research Foundation for Mental Hygiene (RFMH) |
| • Faculty | 11/2015 - present | Columbia Translational Neuroscience Initiative, CUIMC |
| • Faculty | 11/2015 - present | The H. Houston Merritt Center, CUIMC |

- Visiting Scientist 03/2015 - 02/2020 Wellcome Centre for Mitochondrial Research; *Newcastle University*, Newcastle UK
- Herbert Irving Assistant Professor of Behavioral Medicine (in Psychiatry and Neurology) 11/2015 - 12/2018 Department of Psychiatry, Division of Behavioral Medicine
Department of Neurology
College Physicians & Surgeons, CUIMC

EDUCATION:

- Doctorate 01/2008 - 05/2012 *Mitochondrial Biology of Aging*
Thesis title: *Assessment of mitochondrial function in skeletal muscle during disease, disuse and normal aging*
Advisors: Tanja Taivassalo PhD, Russell T Hepple PhD
McGill University, Department of Kinesiology
Montreal, Canada
- B.Hons., Physiology 09/2003 - 01/2007 *Neuroimmunology*
Advisor: Julie Desbarats PhD
McGill University, Department of Physiology
Montreal, Canada

TRAINING:

- Postdoctoral Fellow 07/2012 - 06/2015 *Mitochondrial Genetics*
Center for Mitochondrial and Epigenomic Medicine
University of Pennsylvania, Philadelphia, PA
Mentor: Douglas C Wallace
- Fellow 09/2010 - 04/2012 CIHR Systems Biology Training Program
McGill University, Montreal, Canada
- Fellow 09/2009 - 04/2012 CIHR Psychosocial Oncology Training Program
McGill University, Montreal, Canada

OTHER WORK EXPERIENCES:

- Visiting Scholar 01/2013 - 03/2013 Novo Nordisk Foundation Center Integrative Physiology, Metabolism and Epigenetics Group; Romain Barres, PhD
University of Copenhagen, Copenhagen, Denmark
- 02/2012 - 06/2012 Institute for Aging and Health, Mitochondrial Research Group; Douglass M Turnbull, MD
Newcastle University, Newcastle Upon Tyne, UK
- 04/2012 - 07/2012 Clinical Exercise Physiology, Unité Médicale de Physiologie Fonctionnelle; Ruddy Richard, MD
Université de Strasbourg, Strasbourg, France
- 01/2010 - 03/2010 Muscle Aging Research Laboratory, Russell T Hepple, PhD
University of Calgary, Calgary, Canada
- Research Assistant 05/2007 - 08/2007 Mitochondrial Biochemistry Laboratory, Yan Burelle, PhD
Université de Montréal, Montreal, Canada
- 12/2006 - 05/2007 Mitochondrial Impairment, Impact, and Intervention Laboratory. Tanja Taivassalo, PhD

	<i>McGill University, Montreal, Canada</i>
05/2005 - 09/2005	Clinical Exercise Physiology Laboratory, Montreal Chest Institute, H�el�ene Perrault, PhD <i>McGill University Health Center, Montreal, Canada</i>
05/2004 - 08/2004	Neuroimmunology Laboratory, Department of Physiology, Julie Desbarats, PhD <i>McGill University, Montreal, Canada</i>
05/2002 - 08/2002	Mechanical Engineering Laboratory Martin Brouillette, PhD <i>Universit� de Sherbrooke, Sherbrooke, Canada</i>

HONORS & AWARDS:

FACULTY:

- 2023 *Nathan W. Shock Memorial Lecture*: NIH/NIA (November 2023)
Herbert Weiner Early Career Award: American Psychosomatic Society (APS)
- 2021 *Early Career Impact Award*: Federation of Associations of Behavioral and Brain Sciences (FABBS)
- 2019 *Rising Stars Lecturer*: NIH Director's Office
Neal E Miller New Investigator Award: Academy of Behavioral Medicine Research (ABMR)
- 2017 *Herbert Irving Named Professorship (3 years)*: Columbia University Irving Medical Center
Faculty Research Fellow: Columbia Aging Center
Frontiers in PNI Lecturer: PsychoNeuroImmunology Research Society (PNIRS)
- 2015 *Gray Matters Fellow*: Columbia University, Department of Psychiatry

POST-GRADUATE:

- 2013 *Young Investigator Colloquium Award*: American Psychosomatic Society
Caroline Tum Suden/Francis A. Hellebrandt Award: American Physiological Society

GRADUATE:

- 2012 *Michael Smith Foreign Study Supplement*: National Science and Engineering Research Council (NSERC)
International Early Career Physiologist Travel Award: American Physiological Society
- 2011 *Prix Acfas Desjardins 2011 - Doctoral, all disciplines*: Association Francophone Pour le Savoir
International Travel Award: CIHR Institute of Musculoskeletal Health and Arthritis
EGSS Doctoral Award for Research and Professional Excellence: McGill University
Age + Prize: Canadian Institute of Health Research (CIHR)
International Travel Award: Fonds de la Recherche en Sant  du Qu bec (FRSQ)
Best Oral Research Presentation: Scientific Day COPD RSR Network, FRSQ
David L. Montgomery Award: McGill University, Department of Kinesiology
Graduate Research Enhancement and Travel Award: McGill University, Faculty of Education
- 2010 *Best Oral Research Presentation*: FRSQ/RSR & APPQ Annual Congress
Graduate Research Enhancement and Travel Award: McGill University, Faculty of Education
- 2009 *Alexander Graham Bell Canada Graduate Scholarship (Doctoral)*: NSERC
Master's Research Excellence Award: McGill University, Education Graduate Student Society
McGill Provost's Graduate Fellowship: McGill University, Office of the provost
Tomlinson Doctoral Fellowship: McGill University (declined)
- 2008 *Alexander Graham Bell Canada Graduate Scholarship (Masters)*: NSERC

Masters Training Scholarship: Fonds de la Recherche en Santé du Québec (FRSQ) (declined)

Graduate Fellowship: McGill University Health Center Research Institute (declined)

2007 *Undergraduate Summer Research Award: NSERC*

2006 *Alvin Shrier Physiology Scholarship: Physiology Department, McGill University*

2004-6 *Principal's Student-Athlete Honour Roll: McGill University*

Dean's Honour List: McGill University

ADMINISTRATIVE LEADERSHIP AND ACADEMIC SERVICE:

NATIONAL/INTERNATIONAL:

- *Marie-Curie European Training Network (ETN) – Mitochondrial Morphofunction: Member* 2017-2021
Project Advisory Board member. Nijmegen, The Netherlands.
- *Biophysical Society – Bioenergetics, Mitochondria Subgroup: Council Member* 2019-2021
- *FASEB Mitochondrial Biogenesis in Health and Disease: Session chair* 05/2019
Palm Springs, CA.
- *World Mitochondria Society Meeting, Targeting Mitochondria: Opening session chair* 10/2016
Berlin, Germany.
- *European Muscle Conference: Session chair* 09/2016
Montpellier, France.

LOCAL/REGIONAL:

- *University Seminars: The Future of Aging Research: Co-chair* 2016-2021
Columbia University
- *Faculty Mentor* 2018-2019
Presidential Scholars in Society and Neuroscience (PSSN) Program
- *Host: Guest speaker Douglas C Wallace, PhD – Children's Hospital of Philadelphia* 1/2018
CUIMC-Precision Medicine Initiative and Departments of Psychiatry and Neurology
- *Host: Guest speaker Zhenglong Gu, PhD – Cornell University* 05/2017
Departments of Psychiatry and Neurology
- *Host: Guest speaker Giovanni Marsicano, PhD – Université Bordeaux II, France* 11/2016
Departments of Psychiatry and Neurology
- *Children's Hospital of Philadelphia Research Institute Summer Scholars Program: Judging Committee* 2013-2014
Poster Day, Children's Hospital of Philadelphia
- *Committee on Research and Graduate Studies: Graduate student representative* 2011-2012
McGill University, Faculty of Education
- *Muscle Mitochondria Meetings: Founder* 2010-2012
Organization of dialogue-based forum to facilitate interactions among faculty and graduate students
- *Education Graduate Student Society: Departmental graduate student representative* 2009-2012
McGill University, Faculty of Education. Montreal, Canada
- *Bloomberg-Manulife Roundtable with Inaugural winner Dr. Steven Blair: Invited panelist* 01/2012
McGill University. Montreal, Canada
- *Student Committee for Doctoral Students in Education: Departmental doctoral representative* 2010-2011
McGill University, Department of Kinesiology
- *Academic Integrity Day: Workshop facilitator* 02/2011
McGill University Skillsets Event

- *The importance of knowing how to write in graduate school*: Panelist
McGill University Skillsets Event “Sneak Peek Into Graduate School” 10/2010
- *ABCs of the PhD: How to be successful in your doctoral fellowship application*: Panelist
McGill University, Faculty of Education 09/2010

PROFESSIONAL ORGANIZATIONS AND SOCIETIES:

MEMBERSHIP AND POSITIONS:

- **National/International:**

- *American Psychosomatic Society – APS*: Member 2011-present
- *International Society of Psychoneuroimmunology – ISPNE*: Member 2014-present
- *North American Mitochondrial Disease Consortium – NAMDC*: Member 2017-present
- *Academy of Behavioral Medicine Research – ABMR*: Elected Member 2019-present
- *Psychoneuroimmunology Research Society – PNIRS*: Member 2017-2020
- *Biological Psychiatry*: Member 2017-2020
- *Biophysical Society*: Member 2019-2021
- *American Physiological Society – APS*: Member 2011-2018
- *American Society of Human Genetics – ASHG*: Member 2011-2012

- **Local/Regional:**

- *New York Nutrition and Obesity Research Center, CUIMC*: Member 2020-present
- *Institute of Human Nutrition, CUIMC*: Member 2020-present
- *Center for Translational and Computational Neuroimmunology, CUIMC*: Affiliate Member 2020-present
- *Zuckerman Institute (Mind Brain Behavior Institute), Columbia University*: Affiliate Member 2018-present
- *Herbert Irving Comprehensive Cancer Center, CUIMC*: Member 2017-present
- *Neuromuscular Research Group, Montreal Neurological Institute (MNI)*: Member 2009-2012
- *Canadian Association of Psychosocial Oncology*: Member 2009-2012
- *Respiratory and Epidemiology Clinical Research Unit, Columbia University*: Member 2004-2012

GRANT REVIEWER:

- **Human Frontier Science Program**: Ad-hoc reviewer 09/2022
- **National Science Foundation**: Ad-hoc reviewer 04/2021
- **Aging Systems and Geriatrics (ASG) NIH study section**: Ad-hoc reviewer (R01, R21, R03 grants) 02/2021
- **Wellcome Trust, UK**: Ad hoc reviewer 05/2020
- **Israeli Ministry of Science, Technology and Space – Life Sciences, Israel**: Ad hoc reviewer 01/2020
- **The Irving Institute Study Section – Columbia University**: Ad hoc reviewer 2017, 2019
- **Biotechnology and Biological Sciences Research Council (BBSRC), UK**: Ad hoc reviewer 10/2019
- **National Switzerland Science Foundation**: Ad hoc reviewer 09/2018
- **Medical Research Council – MRC, UK**: Ad hoc reviewer 10/2017
- **Columbia University Irving Institute – CTSA**: Ad hoc reviewer 2016-2017
- **Danish Council for Independent Research, Medical Sciences Grant Review**: Ad hoc reviewer 2015-2016
- **National Science Center of Poland Grant Review Committee**: Ad hoc reviewer 2015-2016

ADVISORY POSITIONS:

- **NIA, Intramural Research Program:** Primary reviewer for intramural concept proposal 2020
- **Czech Academy of Sciences, Czech Republic:** Program review panel member 2020

JOURNAL REVIEWER:

- **Aging and Biology Journals:** *Aging Cell, Biochemical Journal, Biochim Biophys Acta (BBA) Biomembranes, Bioessays, Biological Reviews, Biology, Biology of Sex Differences, Cell Metabolism, Cell Reports, Chromosome Research, Experimental Gerontology, FASEB Journal, General Comparative Endocrinology, Human Genetics, Journal of Bioenergetics and Biomembranes, Journal of Bioengineering and Biomedical Sciences, Journal of Cachexia, Sarcopenia and Muscle, Journal of Gerontology: Biological Sciences, mBio, Microscopy and Microanalysis, Mitochondrion, Molecular Metabolism, Nature Aging, Nature Cell Biology, Nucleic Acid Research*
- **Physiology Journals:** *American Journal of Physiology Cell Physiology, American Journal of Physiology Endocrinology Metabolism, American Journal of Physiology Regulatory Integrative Comparative Physiology, Applied Physiology Nutrition Metabolism, Frontiers in Physiology, Journal of Applied Physiology, The Journal of Physiology (London), Obesity, Physiological Reports*
- **Clinical Journals:** *American Journal of Respiratory and Critical Care Medicine, Anesthesiology, Aust N Z J Psychiatry, BBA Molecular Basis of Disease, Cancer Investigation, Cardiovasc Research, Circulation Research, Clinical Science, EBiomedicine, Experimental Dermatology, Journal of Alzheimer's Disease, Journal of Clinical Investigation, Journal of Clinical Medicine Research, Journal of Neurological Sciences, Journal of Pathology, New England Journal of Medicine*
- **Neuroscience and Psychoneuroendocrinology Journals:** *Acta Neuropathologica Communications, Biological Psychiatry, Brain Behavior and Immunity, Brain Behavior and Immunity-Health, Cerebral Cortex, Frontiers in Neuroscience, Journal of Neuroscience, Neuroscience Biobehavioral Reviews, Molecular Psychiatry, Neurochemistry International, Psychosomatic Medicine, Psychoneuroendocrinology, Stress, Translational Psychiatry*
- **Multidisciplinary Journals:** *eLife, iScience, Life Science Alliance, Nature Communications, Phenomics, Plos One, PNAS, Scientific Reports, Science Advances*
- **Consulting Editor:** *Health Psychology*

FELLOWSHIP AND GRANT SUPPORT:

FELLOWSHIP:

- **MFE-274188** Postdoc Fellowship 1/07/12 – 6/30/15
Canadian Institute of Health Research
Mitochondria as Mediators of Metabolic and Neuroendocrine Stressors on the Epigenome
The goal of this Postdoctoral Fellowship project was to define the primary effects of stressors on mitochondrial function and mtDNA, and identify consequences for epigenetic regulation of nuclear gene expression.

ACTIVE RESEARCH FUNDING:

- **RF1AG076821** PI 8/01/22- 3/30/25
NIA
Mitochondrial Energetics, Circuits and Cognitive Decline in the Aging Human Brain
This collaborative project leverages our mitochondrial phenotyping platform to examine mitochondrial respiratory chain function in the human brain in relation to cognitive reserve, brain connectivity, and Alzheimer's disease.
- **R01MD016278** MPI (Monk, Trumpff, Gyamfi-Bannerman, Picard) 5/01/21- 4/30/26
NIMD

Stress Phenotypes and Preterm Birth: Immune and Energetic Cellular Dysregulation and the Preventive Effect of Social Support

This project uses a mitochondrial psychobiology approach to delineate by which mechanisms life stress results in disproportionate risk of PTB in minority women, and evaluate trajectories of mitochondrial dysfunction.

- **R01AG066828** PI 4/15/20 - 12/31/24
NIA
Metabolic Regulation of Human DNA Methylation Clocks
This project will establish longitudinal trajectories of epigenetic aging, inflammation, gene expression, and other aging biomarkers in a cellular lifespan model of accelerated aging, and their regulation by mitochondria.
- **R01MH122706** PI 4/15/20 - 12/31/24
NIMH
Mitochondrial Regulation of Stress Reactivity in Humans
This is a sub-project of the Mitochondrial Stress, Brain Imaging, and Epigenetics (MiSBIE) study that evaluates the influence of mitochondrial allostatic load on systemic allostatic load, stress reactivity, and psychological function.
- **R01MH119379** Co-I (PI: Mann, Sublette) 4/01/20 - 3/31/25
NIMH
Inflammatory, Mitochondrial and Serotonergic Interrelationships in the Pathogenesis of Major Depression
The proposed project performs brain positron emission tomography (PET) to measure glial activation serotonin 1A receptors in parallel with brain near infrared spectroscopy (NIRS) and direct mitochondrial assessments in blood.
- **U01AG061356** Co-I (PI: De Jager) 9/30/18 - 8/31/23
NIA
Multi-omic network-directed proteoform discovery, dissection and functional validation to prioritize novel AD targets
This project leverages proteomic, transcriptomic, metabolomic, and neuroimaging data to identify cellular mechanisms of cognitive dysfunction in the ROS-MAP longitudinal cohort.
- **R01MH119336** Contact MPI (Picard, Marsland, Kaufman) 5/01/19 - 2/29/24
NIMH
Transduction of Psychological Stress into Systemic Inflammation by Mitochondrial DNA Signaling
This project will test the hypothesis that circulating cell-free mtDNA release is the mechanism linking acute psychological stress and inflammation in humans.

PENDING:

- **R01AG086764** PI 04/01/24- 03/31/29
NIA
Mapping Mitochondrial Diversity in the Aging Brain and Immune System
This collaborative project deploys a new transcriptome-based computational mitotyping pipeline to map mitochondrial diversity in the brain and immune system in relation to cognitive reserve and AD diagnosis. In vitro studies also will examine the cellular contagion of OxPhos defects on multiple aspects of mitochondrial biology.
- **CZI MET-000000029** MPI (Picard, De Jager) 12/01/23- 11/30/25
NIA
Multiscale modeling of human mitotypes in silico, in vivo and in vitro
This project leverages our new transcriptome-based mitotyping computational pipeline to examine dynamic mitochondrial recalibrations across timescales, from minutes to months.

PAST SUPPORT:

- **R21MH123927** PI 7/22/21- 6/30/23
NIMH
Psychobiological Regulation of Cell-Free Mitochondrial DNA in Human Saliva
 This project establishes diurnal variation and stress inducibility of saliva cell-free mitochondrial DNA in humans.
- **R01 AG056424** Subaward PI (PI: Irwin) 7/01/17 – 6/30/22
NIA
Mindfulness Meditation and Insomnia in Alzheimer Disease Caregivers: Inflammatory and Biological Aging Mechanisms
- **Director's pilot award** Contact MPI (Picard, Mocharov, Boldrini) 5/01/21- 4/30/22
CUIMC Department of Psychiatry
Mapping Mitochondrial Function in the Human Brain: The MitoBrainMap v1.0
- **Pilot grant** PI 7/01/20 - 6/31/22
New York Nutrition and Obesity Research Center
Energy Expenditure in Genetic Mitochondrial Disease: Metabolic Regulation from Organelle to Organism
- **R01 HD086487** Subaward PI (PI: Tyrka) 7/01/16 – 6/30/21
NICHHD
Risk Profiles and Mechanisms of Disease in Maltreated Children
- **Sponsored Research Agreement** PI 9/01/20 - 9/01/21
Epirium Bio Inc
Effects of Mitochondrial Hormone Signaling on Bioenergetic and Epigenomic Aging Trajectories
- **R35 GM119793** PI 9/01/16 – 5/31/21
NIGMS
Mitochondrial Stress Signal Transduction from Organelle to Organism
- **Irving Scholars Program** PI 7/1/17 – 6/30/20
Columbia University Irving Institute CTSA
Profiling Mitochondrial Health to Understand Physiological Variability
- **CU-ZI-MR-S-0002-R1** PI 3/1/18 – 2/31/20
Zuckerman Institute
The Mitochondrial Stress, Brain Imaging, and Epigenetics Study - MiSBIE
- **Pilot grant** PI 5/01/19 - 1/31/20
Nathaniel Wharton Fund
Biological Encoding of Stress in Hair: A Retrospective Longitudinal Pilot Study
- **Faculty Research Fellowship** PI 4/01/17 – 3/31/19
Columbia Aging Center
Mitochondrial Regulation of Aging in Humans: A Transdisciplinary Investigation
- **R21 MH113011** PI 4/01/17 – 3/31/19
NIMH
Mitochondrial Regulation of Stress Reactivity in Humans
- **CaMPR I (UL1TR001873)** PI 4/01/16 – 7/31/16

EDUCATIONAL CONTRIBUTIONS:

DIRECT TEACHING/PRECEPTING/SUPERVISING:

- **Columbia University**

Department of Genetics

GR6212 | Introduction to the Biology of Aging (12 students) – Lecturer 02/2022

Department of Pharmacology

G9600 | Molecular Pharmacology Graduate Seminar (5) – Lecturer 04/2022

G9600 | Molecular Pharmacology Graduate Seminar (8) – Lecturer 03/2020

CUIMC – Vagelos College of Physicians and Surgeons

Breakthroughs in Neuroscience Seminar (22) – Lecturer 02/2021

Breakthroughs in Neuroscience Seminar (25) – Lecturer 02/2020

Department of Psychiatry

G4100 | Biology of Neurologic and Psychiatric Disorders (13) – Lecturer 02/2019

Neurobiology and Behavior Graduate Program (NB&B)

Graduate seminar (20) – Lecturer 11/2018

Integrated Program in Cellular, Molecular and Biomedical Studies (CMBS)

Graduate seminar for MD/PhD students (14) – Invited lecturer 11/2022

Graduate seminar for MD/PhD students (12) – Invited lecturer 11/2017

Department of Biological Sciences

UN1908 | First Year Seminar in Modern Biology (40) – Lecturer 10/2017

- **University of British Columbia, Department of Kinesiology, Vancouver, Canada**

Healthy Aging from Cells to Society (25) – Lecturer 02/2022

“Healthy aging from organelle (mitochondria) to organism” (1.5 hour)

- **Cornell University, Department of Nutritional Sciences, Ithaca NY**

NS2750 | Human Biology and Evolution (60) – Lecturer 2015, 2016

“Mitochondrial DNA variation and disease” (1 hour)

- **McGill University, Department of Kinesiology and Physical Education Lecturer**

EDKP-443 | Research Methods (55) – Lecturer 2011

"The Art and Science of Academic Writing" (6 hours)

EDKP-449 | Exercise Pathophysiology (38) – Lecturer 2011

"Structure, Function and Assessment of Mitochondria in Disuse Atrophy" (6 hours)

EDKP-605 | Research Methods (15) – Lecturer 2011

"Experimental and Quasi-Experimental Designs" (6 hours)

EDKP-485 | Exercise Pathophysiology (118) – Lecturer 2009-2010

“Skeletal Muscle Function in Chronic Obstructive Pulmonary Disease: From Research to Practice” (3 hours)

EDKP-485 | Exercise Pathophysiology (23) – Lecturer 2017

"Spinal cord injuries and rehabilitation" (4.5 hours)

- **Natural Health Consultant Institute, Montreal, Canada**

- **Anatomy and Physiology (13) – Course Instructor** 2009-2010

Full course, 30 lectures (90 hours)

ADVISING AND MENTORSHIP:

Postdoctoral

- Alexander Sercel	PhD in Cell Biology (USA)	2021-present
- Anna Monzel	PhD in Integrated Systems Biology and Stem Cells (Germany)	2020-present
- Kalpita Karan	PhD in Human molecular genetics (India) Current position: Research Scientist, Weill Cornell Medical School	2017-2021
- Caroline Trumpff	PhD in Psychology (Belgium) Current position: Assistant Professor, Columbia University	2017-2021
- Lan Li	PhD in Science, technology, and society studies (USA) <i>Presidential Scholar in Society and Neurosciences</i> Current position: Assistant Professor, John Hopkins University	2018-2019
- Robert-Paul Juster	PhD in Neuroscience (Canada) <i>FRQS Postdoctoral Fellowship</i> Current position: Assistant Professor, University of Montreal	2015-2016

Graduate

- Evan Shaulson	PhD Program, Nutrition and Metabolic Biology	2023-present
- Alex Junker	PhD Program, Nutrition and Metabolic Biology	2023-present
- Janell Smith	PhD Program, Cellular, Molecular and Biomedical Studies	2022-present
- Natalia Maria Bobba	PhD Program, Nutrition and Metabolic Biology	2020-present
- Jeremy Michelson	PhD Program, Nutrition and Metabolic Biology	2019-present
- Alex Junker	MPH Program, Sociomedical Sciences	2019-2021
- Elizabeth Thompson (Rot)	PhD Program, Cellular, Molecular and Biomedical Studies	Winter 2023
- Tyler Dorrity (Rot)	PhD Program, Microbiology and Immunology	Fall 2018
- Elizabeth Pekarskaya (Rot)	PhD Program, Neurobiology and Behavior	Winter 2018
- Ryan Serrao	MSc Program, Data Science	2017-2018
- Marina Triplett (Rot)	PhD Program, Cellular, Molecular and Biomedical Studies	Fall 2017
- Amy Vincent	Visiting PhD student in Cell Biology, from Newcastle University, UK <i>* Received a Medical Research Council (MRC) Fellowship</i>	2015-2017

Rot: Rotation student

Undergraduate

- Soah Grace Franklin	Medical Humanities (Columbia University)	2022-present
- Amanda Peng	Psychology and Biology (Barnard College)	2022-present
- Sophie Basarrate	Biology and Social Science (Columbia University)	2020-2023
- Ellie Yan	Neuroscience (Barnard College)	2022
- Fruma Landa	Psychology (Yeshiva University)	2020-2021
- Rachel Haarh	Neuroscience (Barnard College) (Honors Thesis)	2020-2021
- Lily Van Petten	Neuroscience (Fordham University)	2019-2020
- Shani Erdman	Psychology (Wesleyan College)	2019-2020
- Jennifer Wang	Neuroscience (Columbia) Accepted in MD program at SUNY Downstate	2018-2020
- Celina Porcaro	Psychology (Smith College) <i>*AMGEN Summer Undergraduate Research Fellowship</i>	Summer 2019

- Ayelet Rosenberg	Neuroscience and Behavior (Barnard) (Honors thesis) Accepted in MSc Neuroscience program at the Weissman Institute	2017-2020
- Veronica Taleon	Political Science and Pre-Med (Barnard)	2017-2019
- Snehal Bindra	Neuroscience (UCLA) Accepted in MD program at Vanderbilt	2018-2020
- Divia Rajasekharan	Biology (Columbia) <i>*Summer Undergraduate Research Fellowship</i>	Summer 2018
- Anisha Tyagi	Biomedical Engineering (Columbia)	Winter 2018
- Gabriel Sturm	Biology and computer science (Honors, Yeshiva University) <i>*AMGEN Summer Undergraduate Research Fellowship</i> Accepted in PhD bioengineering program Berkeley/UCSF	2016-2018
- Avsar Rana	Biology (Boston University)	Summer 2017
- Meir Retter	Mathematics and computer science (Yeshiva University)	Summer 2017
- Rikita Jodhani	Pharmacology (Boston University)	Summer 2016

High school

- Temmie Yu	Medical Sciences Technology (Bergen County Academies)	2022-2023
- Logan Beharry	Engineering and Biomedical (Bergen County Academies)	2020-2021
- Akshay Khanna	Science (John P Stevens High School)	Fall 2018

Staff

- Jack Devine, MSc	Research Assistant	2023-present
- Jack Baker, BA	Research Assistant	2023-present
- David Shire, PhD	Research Scientist	2023-present
- Mangesh Kurade, MSc	Laboratory Manager	2022-present
- Vanessa Giardino, BA	Project Coordinator	2022-present
- Samantha Leonard, BA	Research Assistant	2022-present
- Hannah Huang, BSc	Research Assistant	2022-present
- Catherine Kelly, BA	Clinical Coordinator	2021-present
- Lea Gregario, RN	Research Nurse (part time)	2021-present
- Grace Liu, MA	Data Manager (part time)	2017-present
- Shannon Rausser, BSc	Research Assistant	2018-2023
- Marlon McGill, BSc	Lab Manager	2016-2022
- Anjali Goyal, BSc	Research Assistant	2021-2022
- Marissa Cross, BA	Study Coordinator	2017-2022
- Ayelet Rosenberg, BSc	Research Assistant	2020-2021
- Snehal Bindra, BSc	Research Assistant	2021
- Johanne Fortune, RN	Research Nurse (part time)	2018-2020
- Gabriel Sturm, BSc	Research assistant	2018-2020
- Kirwan Walsh, BSc	Research Assistant	2016-2017

Visiting scientists

- Atif Towheed, PhD	Visiting Scholar (Middletown, NY)	2019-2020
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- Carla Basualto, MD, PhD Visiting Scholar (Santiago, Chili) 2017, 2019

PHD ADVISORY AND EXAMINATION COMMITTEES:

- Samantha Tener PhD candidate in Neurobiology and Behavior 2022-present
Advisors: Dr. Mimi Shirasu-Hiza
Thesis Committee

- Joshua H Goodman MD/PhD program 2021-present
Advisors: Dr. Tony Ferrante
Thesis Committee

- Sarah McLarnan PhD candidate in Environmental Health Sciences 2021-present
Advisors: Drs. Julie Herbstman and Branson Pearson
Qualifying Exam Committee

- Nickole Kanyuch MD/PhD candidate Program in Neuroscience, University of Maryland 2021-present
Advisor: Dr. Tracy Bale
Thesis Committee

- Frédéric Dufour PhD candidate in Biology, Université de Sherbrooke 09/2021
Advisor: Drs. Alan Cohen and Pierre-Étienne Jacques
External examiner, Thesis Defense

- Kobi Wasner PhD candidate in Biology, Université du Luxembourg 03/2021
Advisor: Dr. Anne Grunewald
External examiner, Thesis Defense

- Vrinda Kalia PhD candidate in Environmental Health Sciences 10/2020
Advisor: Dr. Gary Miller
Thesis Committee

- Christian Garcia PhD candidate in Human Nutrition 2017-2019
Advisor: Dr. Edward Owusu-Ansah
Thesis Committee and Thesis Defense

- Christopher Griffey MD/PhD program 09/2019
Advisor: Dr. Ai Yamamoto
Qualifying Exam Committee

- Maria Natalia Bobba PhD candidate in Nutrition and Metabolic Biology 09/2019
Advisor: Dr. Lori Zeltser
Qualifying Exam Committee

- James Belarde MD/PhD program 2017-2019
Advisor: Dr. Carol Troy
Qualifying Exam & Thesis Committee

- Annie Lee PhD candidate in Neuroscience 05/2018
Advisor: Dr. Frank Polleux
Thesis Defense Committee

- Danielle E. Matsushima PhD candidate in Genetics 05/2016
Advisor: Dr. Chozha Rathinam
Thesis Defense Committee

GRADUATE PROGRAMS INTERVIEWING COMMITTEES:

- MD/PhD program, CUIMC	2019-present
- PhD program in Nutrition and Metabolic Biology, CUIMC	2019-present
- PhD program in Neurobiology and Behavior, CUIMC	2018-present
- Integrated Program in Cellular, Molecular, and Biomedical Studies, CUIMC	2017-present

REPORT OF CLINICAL AND PUBLIC HEALTH ACTIVITIES AND INNOVATIONS:

- Mitochondrial Disease Clinic, Columbia University Irving Medical Center**
 Weekly neurology clinic of Dr. Michio Hirano, MD (new cases and follow ups) 2018-present
 New York Presbyterian Hospital, Columbia Neurological Institute. One half-day/week.

PUBLICATIONS:

PEER-REVIEWED RESEARCH PUBLICATIONS (PRIMARY RESEARCH): *PUBLICATION AS SENIOR/CORRESPONDING AUTHOR

2023

- * Rosenberg A, Saggari M, Monzel AS, Devine J, Rogu P, Mosharov EV, Junker A, Sandi C, Dumitriu D, Anacker C, **Picard M**. Brain mitochondrial diversity and network organization predict anxiety-like behavior in mice. *Nat Commun* 2023; 14(1):4726 [PubMed](#) [Research Highlight](#)
- * Bobba-Alves N, Sturm G, Lin J, Ware SA, Karan KR, Monzel AS, Bris C, Procaccio V, Lenaers G, Higgins-Chen A, Levine M, Horvath S, Santhanam BS, Kaufman BA, Hirano M, Epel ES, **Picard M**. Cellular allostatic load is linked to increased energy expenditure and accelerated biological aging. *Psychoneuroendocrinol* 2023; 155:106322 [PubMed](#)
- Singh P, Gollapalli K, Mangiola S, Schraner D, Yusuf MA, Chamoli M, Shi SL, Bastos BL, Nair T, Riermeier A, Vayndorf EM, Wu JZ, Nilakhe A, Nguyen CQ, Muir M, Kiflezghi MG, Foulger A, Junker A, Devine J, Sharan K, Chinta SJ, Rajput S, Rane A, Baumert P, Schönfelder M, Lavarone F, di Lorenzo G, Kumari S, Gupta A, Sarkar R, Khyriem C, Chawla AS, Sharma A, Sarper N, Chattopadhyay N, Biswal BK, Settembre C, Nagarajan P, Targoff KL, **Picard M**, Gupta S, Velagapudi V, Papenfuss AT, Kaya A, Ferreira MG, Kennedy BK, Andersen JK, Lithgow GJ, Ali AM, Mukhopadhyay A, Palotie A, Kastenmüller G, Kaeberlein M, Wackerhage H, Pal B, Yadav VK. Taurine deficiency as a driver of aging. *Science* 2023 380(6649):eabn9257 [PubMed](#)
- * Sturm G, Karan KR, Monzel AS, Santhanam BS, Taivassalo T, Bris C, Duplaga SA, Cross M, Towheed A, Higgins-Chen A, McManus MJ, Cardenas A, Lin J, Epel ES, Rahman S, Vissing V, Grassi B, Levine M, Horvath S, Haller RG, Lanaers G, St-Onge MP, Wallace DC, Tavazoie S, Procaccio V, Kaufman BA, Seifert EL, Hirano H, **Picard M**. OxPhos defects cause hypermetabolism and reduce lifespan in cells and in patients with mitochondrial diseases. *Commun Biol* 2023; 6(1):22 [PubMed](#)
- * Michelson J, Rausser S, Peng A, Yu T, Sturm G, Trumpff C, Kaufman BA, Rai AJ, **Picard M**. MitoQuicLy: a high-throughput method for quantifying cell-free DNA from human plasma, serum, and saliva. *Mitochondrion* 2023; 71:26-39 [PubMed](#)

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- * Sturm G, Monzel AS, Karan KR, Michelson J, Ware SA, Cardenas A, Lin J, Bris C, Santhanam B, Murphy MP, Levine ME, Horvath S, Belsky D, Wang S, Procaccio V, Kaufman BA, Hirano M, **Picard M**. A multi-omics and bioenergetics longitudinal aging dataset in primary human fibroblasts with mitochondrial perturbations. *Sci Data* 2022; 9(1):751 [PubMed](#)
- Oppong R, Terracciano A, **Picard M**, Qian Y, Butler TJ, Tanaka T, Moore AZ, Simonsick AM, Opsahl-Ong K, Coletta C, Gorospe M, Resnick S, Cucca F, Traynor BJ, Schlessinger D, Ferrucci L, Ding J. Personality traits are

consistently associated with blood mitochondrial DNA copy number estimated from genome sequences in two genetic cohort studies. *eLife* 2022; 11:e7780 [PubMed](#)

8. Gyllenhammer LE, **Picard M**, McGill MA, Boyle KE, Vawter MP, Rasmussen JM, Buss C, Entringer S, Wadhwa PD. Prospective association between maternal allostatic load during pregnancy and child mitochondrial content and bioenergetic capacity. *Psychoneuroendocrinol* 2022; 144:105868 [PubMed](#)
9. * Trumpff C, Rausser S, Haahr R, Karan KR, Gousspillou G, Puterman E, Kirschbaum C, **Picard M**. Dynamic behavior of cell-free mitochondrial DNA in human saliva. *Psychoneuroendocrinol* 2022; 143:105852 [PubMed](#)
10. Higgins-Chen AT, Thrush KL, Wang Y, Minter CJ, Kuo PL, Wang M, Niimi P, Sturm G, Lin J, Moore AZ, Bandinelli S, Vinkers CH, Vermetten E, Rutten BPF, Geuze E, Okhuijsen-Pfeifer C, van der Horst MZ, Schreiter S, Gutwinski S, Luyckx JJ, **Picard M**, Ferrucci L, Crimmins EM, Boks MP, Hägg S, Hu-Seliger TT, Levine ME. A computational solution for bolstering reliability of epigenetic clocks: Implications for clinical trials and longitudinal tracking. *Nat Aging* 2022; 2:644–661 [PubMed](#)
11. * Trumpff C, Klein H, Owusu-Ansah E, Lee A, Petyuk V, Wingo TS, Wingo AP, Thambisetty M, Ferrucci L, Seyfried NT, Bennett DA, De Jager PL, **Picard M**. Mitochondrial respiratory chain protein co-regulation in the human brain. *Heliyon* 2022; 8(5):e09353 [PubMed](#)
12. * Karan KR, Trumpff C, Cross M, Englestad KM, Marsland AL, McGuire P, Hirano M, **Picard M**. Leukocyte cytokine responses in adult patients with mitochondrial DNA defects. *J Mol Med* 2022; 100(6):963-971 [PubMed](#)
13. Weiss SL, Henrickson SE, Lindell RB, Sartori L, Zhang D, Bush J, Farooqi S, Starr J, Deutschman CS, McGowan Jr FX, Becker L, Tuluc F, Wherry J, **Picard M**, Wallace DC. Influence of immune cell subtypes on mitochondrial phenotypes measured in peripheral blood mononuclear cells from children with sepsis. *Shock* 2022; 57(5):630-638 [PubMed](#)
14. Moriconi C, Dzieciakowska M, Roy M, D'Alessandro A, Roingard P, Lee JY, Gibb DR, McGill MA, Qiu A, La Carpia F, Francis RO, Hod EA, Thomas T, **Picard M**, Akpan I, Buehler PW, Zimring JC, Spitalnik S, Hudson KE. Retention of functional mitochondria in mature RBCs from patients with sickle cell disease. *Br J Haematol* 2022; 198(3):574-586 [PubMed](#)
15. Kalia V, Bradner JM, Niedzwiecki MM, Lau FK, Bucher ML, Manz KE, Fuentes ZC, Pennell KD, **Picard M**, Walker DI, Hu W, Jones DP, Miller GW. Cross-species metabolomic analysis of tau- and DDT-related toxicity. *PNAS Open* 2022; 1(2):pgac050 [PubMed](#)
16. Zhang R, Ogden RT, **Picard M**, A Srivastava. Nonparametric k -sample test on shape spaces with applications to mitochondrial shape analysis. *J R Stat Soc – Series B* 2022; 71(1):51-69 [Link](#)

2021

17. * Rosenberg A, Rausser S, Ren J, Mosharov EV, Sturm G, Ogden RT, Patel P, Soni RK, Lacefield C, Tobin DJ, Paus R, **Picard M**. Quantitative mapping of human hair graying and reversal in relation to life stress. *eLife* 2021; 10:e67437 [PubMed](#) [eLife Digest](#) [eLife Insight](#)
18. * Faitg J, Lacefield C, Davey T, White K, Laws R, Kosmidi S, Reeve AK, Kandel E, Vincent AE, **Picard M**. 3D neuronal mitochondrial morphology in axons, dendrites, and cell bodies of the aging mouse hippocampus. *Cell Rep* 2021; 36(6): 109509 [PubMed](#)
19. * Rausser S, Trumpff C, McGill MA, Junker A, Wang W, Ho S, Mitchell A, Karan K, Monk C, Segerstrom S, Reed R, **Picard M**. Mitochondrial phenotypes in purified human immune cell subtypes and cell mixtures. *eLife* 2021; 10:e70899 [PubMed](#)
20. Fernström J, Mellon SH, McGill MA, **Picard M**, Reus VI, Hough CM, Lin J, Epel ES, Wolkowitz OM, Lindqvist D. Blood-based mitochondrial respiratory chain function in major depression. *Transl Psychiatr* 2021; 17;11(1):593 [PubMed](#)

21. Klein H, Trumpff C, Yang HS, Lee AJ, **Picard M**, Bennett DA, De Jager. Mitochondrial DNA quantity and quality in the human aged and Alzheimer's disease brain. *Mol Neurodegener* 2021; 16:75 [PubMed](#)
22. * Bindra S, McGill MA, Triplett MK, Tyagi A, Thaker PH, Dahmouh L, Goodheart MJ, Ogden RT, E Owusu-Ansah, Karan KR, Cole S, Sood AK, Lutgendorf SK, **Picard M**. Mitochondria in epithelial ovarian carcinoma exhibit abnormal phenotypes and blunted associations with biobehavioral factors. *Sci Rep* 2021; 11:11595 [PubMed](#)
23. Trumpff C, Sturm G, **Picard M**, Foss S, Lee S, Feng T, Do C, Cardenas A, McCormack C, Tycko B, Champagne FA, Monk C. Added sugar intake during pregnancy: Fetal behavior, birth outcomes and placental DNA methylation. *Dev Neurobiol* 2021; 63(5): 878-889 [PubMed](#)

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24. * Karan KR, Trumpff C, McGill MA, Thomas JE, Sturm G, Lauriola V, Sloan RP, Rohleder N, Kaufman BK, Marsland AL, **Picard M**. Mitochondrial respiratory chain function modulates LPS-induced inflammatory signatures in human blood. *Brain Behav Immun Health* 2020; 100080 [PubMed](#)
25. Ware SA, Desai N, Lopez M, Leach D, Zhang Y, Giordano L, Nouriaie M, **Picard M**, Kaufman B. An automated, high throughput methodology optimized for quantitative cell-free mitochondrial and nuclear DNA isolation from plasma. *J Biol Chem* 2020; 295(46):15677-15691 [PubMed](#)
26. Ulgherait M, Chen A, McAllister S, Kim HX, Delventhal R, Wayne CR, Garcia CJ, Recinos Y, Oliva M, Canman JC, **Picard M**, Owusu-Ansah E, Shirasu-Hiza M. Circadian regulation of mitochondrial uncoupling and lifespan. *Nat Commun* 2020; 11:1927 [PubMed](#)

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27. * Sturm G, Cardenas A, Bind MA, Horvath S, Wang S, Wang Y, Hägg S, Hirano M, **Picard M**. Human aging DNA methylation signatures are conserved but accelerated in cultured fibroblasts. *Epigenetics* 2019; 14(10):961-976 [PubMed](#)
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29. * Trumpff C, Marsland AL, Sloan RP, Kaufman BK, **Picard M**. Predictors of ccf-mtDNA reactivity to acute psychological stress identified using machine learning classifiers: A proof-of-concept. *Psychoneuroendocrinol* 2019; 107:82-92 [PubMed](#)
30. * Vincent AE, White K, Davey T, Philips J, RT Hogden, Lawless C, Warren C, Hall MG, Ng Y, Falkous G, Holden T, Deehan D, Taylor RW, Turnbull DM, **Picard M**. Quantitative 3D mapping of the human skeletal muscle mitochondrial network. *Cell Rep* 2019; 26(4):996-1009 [PubMed](#)
31. Liu C, Tate T, Batourina E, Truschel S, **Picard M**, Potter S, Adams M, Reiley M, Schneider K, Tamargo M, Xiang T, Lu C, Xiao C, He J, Mendelsohn CL. Pparg promotes differentiation, prevents squamous metaplasia, and regulates mitochondrial gene expression in bladder epithelial cells. *Nat Commun*; 10(1):4589 [PubMed](#)
32. McManus MJ, **Picard M**, Chen HW, De Haas HJ, Potluri P, Towheed A, Leipzig J, Angelin A, Sengupta O, Kauffman B, Narula J, Wallace DC. Mitochondrial DNA variation dictates the expressivity and progression of nuclear DNA mutations causing cardiomyopathy. *Cell Metab* 2019; 29(1):78-90 [PubMed](#)

2018

33. * Vincent AE, Rosa HS, Pabis K, Lawless C, Grünwald A, Chen C, Rygiel KA, Rocha MC, Falkous G, Perissi V, White K, Davey T, Grady JP, Petrof B, Sayer AA, Cooper C, Taylor RW, Turnbull DM, **Picard M**. Sub-cellular origin of mtDNA deletions in human skeletal muscle. *Annals Neurol* 2018; 84(2):289-301 [PubMed](#)
34. *Finalist paper for the 2020 Ziskind-Somerfeld Research Award*
* **Picard M**, Prather AA, Puterman E, Cuillerier A, Coccia M, Aschbacher K, Burelle Y, Epel ES. A mitochondrial health index sensitive to mood and caregiver stress. *Biol Psychiatr* 2018; 84(1):9-17 [PubMed](#)

35. Lindqvist D, Wolkowitz OM, **Picard M**, Ohlsson L, Bersani FS, Fernström J, Westrin A, Hough CM, Lin J, Reus VI, Epel ES, Mellon SH. Major depressive disorder is associated with elevated levels of circulating cell-free mitochondrial DNA, but not of leukocytes mitochondrial DNA copy number. *Neuropsychopharmacol* 2018; 43(7):1557-1564 [PubMed](#)
36. Gousspillou G, Godin R, Piquereau J, **Picard M**, Mofarrahi M, Mathew J, Purves-Smith FM, Sgarioto N, Hepple RT, Burelle Y, Hussain SNA. Protective role of Parkin in skeletal muscle contractile and mitochondrial function. *J Physiol* 2018; 596(13):2565-2579 [PubMed](#)
37. Guha M, Srinivasana S, Raman P, Jiang Y, Kaufman BA, Taylor D, Dong D, Chakrabarti R, **Picard M**, Carstens RP, Kijima Y, Feldman M, Avadhani NG. Aggressive triple negative breast cancers have unique molecular signature on the basis of mitochondrial genetic and functional defects. *Biochim Biophys Acta* 2018; 1864(4):1060-1071 [PubMed](#)
38. Verhoeven JE, Révész D, **Picard M**, Epel EE, Wolfowitz OM, Matthews KA, Penninx BWJH, Puterman E. Depression, telomeres and mitochondrial DNA: between-person and within-person associations from a 10-year longitudinal study. *Mol Psychiatr* 2018; 23(4):850-857 [PubMed](#)
39. Révész D, Verhoeven JE, **Picard M**, Sidney S, Epel ES, Penninx BWJH, Puterman E. Associations between cellular aging markers and metabolic syndrome: findings from the CARDIA study. *J Clin Endocrinol Metab* 2018; 103(1):148-157 [PubMed](#)

2017

40. Zhang R, Wang Y, Ye K, **Picard M**, Gu Z. Independent impacts of aging on mitochondrial DNA quantity and quality in humans. *BMC Genomics* 2017; 18:890 [PubMed](#)
41. Mehta M, Ingerslev LR, Fabre O, **Picard M**, Barrès R. Evidence supporting absence of mitochondrial DNA methylation. *Front Genet* 2017; 6(166):1-9 [PubMed](#)
42. Kandel J, **Picard M**, Wallace DC, Eckmann DM. Mitochondrial DNA 3243A>G heteroplasmy is associated with changes in cytoskeletal protein expression and cell mechanics. *Proc Roy Soc Interface* 2017; 14(131): 20170071 [PubMed](#)
43. Morrow RM, **Picard M**, Derbeneva O, Leipzig J, McManus MJ, Gousspillou G, Barbat-Artigas S, Hepple RT, Murdock DG, Wallace DC. Mitochondrial energy deficiency signals hyperproliferation of skeletal muscle mitochondria and enhanced insulin sensitivity. *PNAS* 2017; 114(10):2705-2710 [PubMed](#)

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44. * Vincent AE, Ng YS, White K, Davey T, Mannella C, Falkous G, Feeney C, Schaefer AM, McFarland R, Gorman GS, Taylor RW, Turnbull DM, **Picard M**. The spectrum of mitochondrial ultrastructural defects in mitochondrial myopathy. *Sci Rep* 2016; 6:30610 [PubMed](#)
45. Wang Y, **Picard M**, Gu Z. Genetic evidence for elevated pathogenicity of mitochondrial DNA heteroplasmy in autism spectrum disorder. *Plos Genet* 2016; 12(10):e1006391 [PubMed](#)
46. Cadete VG, Deschesnes S, Cuillerier A, Brisebois F, Sugiura A, Vincent AE, Turnbull DM, **Picard M**, McBride H, Burelle Y. Formation of mitochondria-derived vesicles is an active and physiologically relevant mitochondrial quality control process in the cardiac system. *J Physiol* 2016; 594(18):5343-62 [PubMed](#)
47. dos Santos C, Hussain SN, Mathur S, **Picard M**, Herridge M, Correa J, Bain A, Guo M, Advani A, Advani SL, Tomlinson G, Katzberg H, Streutker CJ, Cameron J, Schols A, Gosker H, Batt J for the MEND ICU group, the RECOVER Program investigators and the Canadian Critical Care Translational Biology Group. Mechanisms of chronic muscle wasting and dysfunction after an intensive care unit stay: A pilot study. *Am J Resp Crit Care Med* 2016; 194(7):821-30 [PubMed](#)
48. Grünewald A, Rygiel KA, Hepplewhite PD, Morris C, **Picard M**, Turnbull DM. Mitochondrial DNA depletion in respiratory chain-deficient Parkinson disease neurons. *Ann Neurol* 2016; 79(3):366-78 [PubMed](#)

49. Bersani FS, Morley C, Lindqvist D, Epel ES, **Picard M**, Yehuda R, Flory J, Bierer LM, Makotkine J, Abu-Amara D, Coy M, Reus VR, Lin J, Blackburn EH, Marmar C, Wolkowitz OM, Mellon SH. Mitochondrial DNA copy number is reduced in male combat veterans with PTSD. *Prog Neuro Psychopharmacol Biol Psychiatr* 2015; 26(64):10-17 [PubMed](#)
50. Rygiel K, Tuppen H, Reeve AK, Taylor RW, **Picard M**, Miller J, Turnbull DM. Complex mitochondrial DNA rearrangements in individual cells from patients with sporadic inclusion body myositis. *Nucl Acid Res* 2016; 44(11):5313-5329 [PubMed](#)
51. Konokhova Y, Spendiff S, Jagoe RT, Aare S, Kapchinsky S, MacMillan N, Rozakis P, **Picard M**, Leheudre MA, Pion CH, Bourbeau J, Hepple RT, Taivassalo T. Failed upregulation of TFAM protein and mtDNA copy number in oxidatively deficient fibers of COPD locomotor muscle. *Skelet Musc* 2016; 6(10) [PubMed](#)

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52. **Picard M**, McManus MJ, Gray J, Nasca C, Moffat C, Kopinsky P, Seifert E, McEwen BS, Wallace DC. Mitochondrial functions modulate neuroendocrine, metabolic, inflammatory and transcriptional responses to psychological stress. *PNAS* 2015; 112(48):E6614-23 [PubMed](#)
53. **Picard M**, McManus MJ, Csordas G, Varnai P, Dorn GW, Williams D, Hajnoczky G, Wallace DC. Inter-mitochondrial coordination of cristae at regulated membrane junctions. *Nat Commun* 2015; 6:6259 [PubMed](#)
54. Leduc-Gaudet JP, **Picard M**, St-Jean Pelletier F, Sgarioto N, Auger MJ, Robitaille R, St-Pierre DH, Gouspillou G. Mitochondrial morphology is altered in atrophied skeletal muscle of aged mice. *Oncotarget* 2015; 6(20):17923-17937 [PubMed](#)
55. **Picard M**, Azuelos I, Jung B, Giordano C, Matecki S, Hussain SNA, White K, Li T, Liang F, Benedetti A, Gentil BJ, Burelle Y, Petrof B. Mechanical ventilation triggers abnormal mitochondrial dynamics and morphology in the diaphragm. *J Appl Physiol* 2015; 118(9):1161-1171 [PubMed](#)
56. Azuelos I, Jung B, **Picard M**, Liang F, Li T, Lemaire C, Giordano C, Hussain SNA, Burelle Y, Petrof B. Relationship between autophagy and ventilator-induced diaphragmatic dysfunction. *Anesthesiology* 2015; 122(6):1349-1361 [PubMed](#)

2014

57. **Picard M**, Zhang J, Hanecock S, Derbeneva O, Golhar R, Golik P, O'Hearn S, Levy SE, Potluri P, Lvova M, Davila A, Lin CS, Perin JC, Rappaport EF, Hakonarson H, Trounce I, Procaccio V, Wallace DC. Progressive increase in mtDNA 3243A>G heteroplasmy results in abrupt transcriptional remodeling. *PNAS* 2014; 111(38):E403 [PubMed](#)
58. Aschbacher K, Kornfeld S, **Picard M**, Puterman E, Havel P, Lustig R, Epel E. Chronic stress increases vulnerability to diet-related visceral adiposity, oxidative stress and metabolic risk. *Psychoneuroendocrinology* 2014; 46:14-22 [PubMed](#)
59. Glancy B, Hsu LY, Dao L, Bakalar M, French S, Chess DJ, Taylor JL, **Picard M**, Aponte A, Daniels MP, Esfahani S, Cushman S, and Balaban RS. In vivo microscopy reveals extensive embedding of capillaries selectively within the sarcolemma of slow twitch skeletal muscle fibers. *Microcirculation* 2014;21(2):131-47 [PubMed](#)

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60. * **Picard M**, White K, Turnbull DM. Mitochondrial morphology, topology and membrane interactions in skeletal muscle: A three-dimensional electron microscopy study. *J Appl Physiol* 2013; 114(2):161-71 [PubMed](#)
Featured in [Editorial](#)
61. * **Picard M**, Gentil B, McManus MJ, StLouis K, White K, Gartside S, Wallace DC, Turnbull DM. Acute exercise remodels mitochondrial membrane interactions in mouse skeletal muscle. *J Appl Physiol* 2013; 115(10):1562-71 [PubMed](#)

2012

62. **Picard M**, Jung B, Liang F, Azuelos I, Hussain SNA, Goldberg P, Godin R, Danialou G, Chaturvedi R, Rygiel K, Matecki S, Jaber S, Des Rosiers C, Karpati G, Ferri L, Burelle Y, Turnbull DM, Taivassalo T, Petrof BJ. Mitochondrial dysfunction and lipid accumulation in the human diaphragm during mechanical ventilation. *Am J Resp Crit Care Med* 2012; 186(11):1140-9 (Journal cover) [PubMed](#) Featured in [Editorial](#)
63. **Picard M**, Wright KJ, Ritchie D, Thomas MM, Hepple RT. Mitochondrial function in permeabilized cardiomyocytes is relatively preserved in the senescent heart. *PLoS One* 2012; 7(8):e43003 [PubMed](#)

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64. **Picard M**, Ritchie D, Wright KJ, Thomas MM, Hepple RT. Alterations in intrinsic mitochondrial function with aging are fiber type-specific and do not explain differential atrophy between muscles. *Aging Cell* 2011; 10:1047-55 [PubMed](#)
65. **Picard M**, Taivassalo T, Ritchie D, Wright KJ, Thomas MM, Romestaing C, Hepple RT. Mitochondrial structure and function are disrupted by standard isolation methods. *PLoS One* 2011; 6(3):e18317 [PubMed](#)
Recommended by [F1000](#)

2008-2010

66. **Picard M**, Ritchie D, Wright KJ, Romestaing C, Thomas MM, Rowan SL, Taivassalo T, Hepple RT. Mitochondrial functional impairment with aging is exaggerated in isolated mitochondria compared to permeabilized myofibers. *Aging Cell* 2010; 9:1032-46 [PubMed](#) Recommended by [F1000](#)
67. **Picard M**, Godin R, Sinnreich M, Baril J, Bourbeau J, Perrault H, Taivassalo T, Burelle Y. The Mitochondrial phenotype of peripheral muscle in COPD: Disuse or dysfunction? *Am J Respir Crit Care Med* 2008; 178(10):1040-7 [PubMed](#)
68. **Picard M**, Csukly K, Robillard ME, Godin R, Ascah A, Bourcier-Lucas C, Burelle Y. Resistance to Ca²⁺-induced opening of the permeability transition pore differs in mitochondria from glycolytic and oxidative muscles. *Am J Physiol Regul Integr Comp Physiol* 2008; 295(2):R659-68 [PubMed](#)

PEER-REVIEWED RESEARCH PUBLICATIONS (REVIEWS, META-ANALYSES, INVITED PERSPECTIVES):

2023

69. * Monzel AS, Enriques JA, **Picard M**. Multifaceted mitochondria: Moving mitochondrial science beyond function and dysfunction. *Nat Metab* 2023 [PubMed](#)
70. Smith AR, Hinojosa A, Briseño AH, **Picard M**, Cardenas A. The prenatal environment and its influence on maternal and child mitochondrial DNA copy number and methylation: A review of the literature. *Environ Res* 2023; 227:115798 [PubMed](#)

2022

71. * **Picard M**, Shirihai O. Mitochondrial signal transduction. *Cell Metab* 2022; 34(11):1620-1653 [PubMed](#)
72. * Bobba-Alves N, Juster RP, **Picard M**. The energetic cost of allostasis and allostatic load. *Psychoneuroendocrinol* 2022; 146:105951 [PubMed](#)
73. * **Picard M**. Energy transduction and the mind-mitochondria connection. *Biochem (Lond)* 2022; 44(4):14–18 [Link](#)
74. * **Picard M**. Why do we care more about disease than health? *Phenomix* 2022; 2:145–155 [Link](#)
75. * Junker A, Juster RP, **Picard M**. Integrating sex and gender in mitochondrial science. *Curr Opin Physiol* 2022; 26:100536 [Link](#)
76. * Junker A, Wang J, Gouspillou G, Ehinger JK, Elmér E, Sjövall F, Fisher-Wellman K, Neuffer PD, Molina AJA, Ferrucci L, **Picard M**. Human studies of mitochondrial biology demonstrate an overall lack of binary sex differences: A multivariate meta-analysis. *FASEB J* 2022; 36:e22146 [PubMed](#)

77. O'Sullivan J, Peters E; Amer Y, Atuluru P, Chéret J, Rosenberg A, **Picard M**, Paus R. The impact of perceived stress on the hair follicle: Towards solving a psychoneuroendocrine and neuroimmunological puzzle. *Front Neuroendocrinol* 2022; 66:101008 [PubMed](#)
78. Taylor HA, Finkel T, Gao Y, Ballinger S, Campo R, Chen R, Chen S, Davidson K, Iruela-Arispe ML, Jaquish C, LeBrasseur NK, Odden MC, Papanicolaou GJ, **Picard M**, Srinivas P, Tjurmina O, Wolz M, Galis ZS. Scientific opportunities in resilience research for cardiovascular health and wellness. Report from a National Heart, Lung, and Blood Institute workshop. *FASEB J* 2022; 36(12):e22639 [PubMed](#)
79. Brasanac J, Gamradt S, Otte C, Milaneschi Y, Monzel AS, **Picard M**, Gold S. Cellular specificity of mitochondrial and immunometabolic dysfunction in major depression. *Mol Psychiatr* 2022; 27:2370–2371 [PubMed](#)

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80. * Trumpff C, Michelson J, Lagranha CJ, Taleon V, Karan K, Sturm G, Lindqvist D, Fernström J, Moser D, Kaufman BA, **Picard M**. Stress and circulating cell-free mitochondrial DNA: a systematic review of human studies, physiological considerations, and technical recommendations. *Mitochondrion* 2021; 59:225-245 [PubMed](#) [Protocol](#)
81. * **Picard M**. Blood mtDNA copy number: What are we counting? *Mitochondrion* 2021; 60:1-11 [PubMed](#)
82. * **Picard M**, Sandi C. The social nature of mitochondria: Implications for human health. *Neurosci Biobehav Rev* 2021; 120(5):595-610 [PubMed](#)
83. O'Sullivan JDB, Nicu C, **Picard M**, Chéret J, Bedogni B, Tobin DJ, Paus R. The biology of human hair greying. *Biol Rev* 2021; 96(1):107-128 [PubMed](#)

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84. * **Picard M**, Trumpff C, Burelle Y. Mitochondrial psychobiology: Foundation and applications. *Curr Opin Behav Sci* 2019; 28:142-151 [PubMed](#)
85. * Han LKM, Verhoeven JE, Tyrka A, Penninx BWJH, Wolkowitz OM, Månsson KNT, Lindqvist D, Vinkers CH, Boks MP, Révész D, Mellon SH, **Picard M**. Accelerating research on biological aging and mental health: Current challenges and future directions. *Psychoneuroendocrinol* 2019; 106:293-311 [Special issue: *Stress and cellular aging*] [PubMed](#)
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89. * **Picard M**, McEwen BS. Psychological stress and mitochondria: A conceptual framework (Part II). *Psychosom Med* 2018; 80(2):126-140 [PubMed](#)
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96. * **Picard M**, Wallace DC, Burelle Y. The rise of mitochondria in medicine. *Mitochondrion* 2016; 30:105-16 [PubMed](#)
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99. Rygiel KA, **Picard M**, Turnbull DM. The ageing neuromuscular system and sarcopenia: A mitochondrial perspective. *J Physiol* 2016;594(16):4499–4512 [PubMed](#)
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113. * **Picard M**. Pathways to aging: The mitochondrion at the intersection of biological and psychosocial sciences. *J Aging Res* 2011; 814096:1-11 [PubMed](#)
114. Juster RP, Bizik G, **Picard M**, Arsenault-Lapierre G, Sindi S, Trepanier L, Marin MF, Wan N, Sekerovic Z, Lord C, Fiocco A, Plusquellec P, McEwen B, Lupien S. A transdisciplinary perspective of chronic stress in relation to psychopathology throughout lifespan development. *Dev Psychopathol* 2011; 23(03):725-76 [PubMed](#)
115. * **Picard M**, Sabiston C, McNamara JK. The need for a transdisciplinary, global health framework. *J Alt Complement Med* 2011; 17(2):179-84 [PubMed](#)

MANUSCRIPTS UNDER REVIEW (PREPRINTS):

1. * Basarrate S, Monzel AS, Smith J, Marsland A, Trumpff C, **Picard M**. Distribution of glucocorticoid and adrenergic receptors across human organs and tissues: a map for stress transduction. Preprint: <https://www.biorxiv.org/content/10.1101/2022.12.29.520757v1> (Under revision in *Psychosom Med*)
2. Crosswell AD, Mayer SE, Whitehurst L, **Picard M**, Zebarjadian S, Epel ES. Deep rest: an integrative model of how contemplative practices enhance the body's restorative capacity via safety signaling. Preprint: <https://psyarxiv.com/bkg3j> (Under revision in *Psychol Rev*)
3. * Zhou W, Karan KR, Klein HU, Sturm G, De Jager PL, Bennett DA, Hirano M, **Picard M**, Mills RE. Somatic nuclear mitochondrial DNA insertions are prevalent in the human brain and accumulate in aging fibroblasts. Preprint: <https://www.biorxiv.org/content/10.1101/2023.02.03.527065v2> (Under revision in *Nat Commun*)
4. Vega-Vásquez T, Langgartner D, Wang JY, Reber SO, **Picard M**, Basualto-Alarcón C. Mitochondrial morphology in the mouse adrenal cortex: influence of chronic psychosocial stress. (Under revision in *Psychoneuroendocrinol*)
5. * Sturm G, Bobba-Alves N, Michelson J, Ferrucci L, Kempes C, **Picard M**. Accelerating the clock: Interconnected speedup of energetic and molecular dynamics during aging in cultured human cells. Preprint: <https://www.biorxiv.org/content/10.1101/2022.05.10.491392v3> (Under review in *PNAS*)

PEER-REVIEWED RESEARCH PRESENTATIONS (POSTERS AND TALKS INCLUDING BY *TRAINEES):

1. * Trumpff C, Monzel AS, Kelly C, Engelstad K, Michelson J, Sturm G, Tepler S, Manly J, Liu G, Lauriola V, McIntyre K, Assuras S, Thiebaut de Schotten M, Shapiro P, Sloan RP, Wager TD, Hirano M, **Picard M**. The Mitochondrial Stress, Brain Imaging, and Epigenetics Study – MiSBIE. Euromit 2023; Bologna, Italy (June 2023)
2. * Sturm G, Karan KR, Monzel AS, Santhanam BS, Taivassalo T, Bris C, Duplaga SA, Cross M, Towheed A, Higgins-Chen A, McManus MJ, Cardenas A, Lin J, Epel ES, Rahman S, Vissing V, Grassi B, Levine M, Horvath S, Haller RG, Lanaers G, St-Onge MP, Wallace DC, Tavazoie S, Procaccio V, Kaufman BA, Seifert EL, Hirano H, **Picard M**. OxPhos

defects cause cell-autonomous and whole-body signs of hypermetabolism in cells and in patients with mitochondrial diseases. Euromit 2023; Bologna, Italy (June 2023)

3. * Michelson J, Peng A, Yu T, Lauriola V, Sloan R, Trumpff C, **Picard M**. Cell-free mitochondrial DNA is an acute biomarker of psychological stress with unique kinetics in blood and saliva. American Psychosomatic Society; San Juan, Puerto Rico (March 2023)
4. * Peng A, Michelson J, Kelly C, Lauriola V, Sloan R, Trumpff C, **Picard M**. Psychological and physical measures of anxiety predict stress-induced rise in cell-free mitochondrial DNA. American Psychosomatic Society; San Juan, Puerto Rico (March 2023)
5. * Trumpff C, Klein HU, Sandi C, Petyukd V, Seyfried N, Bennett D, De Jager P, **Picard M**. Psychosocial experiences and the mitochondrial brain proteome in older adults. American Psychosomatic Society; San Juan, Puerto Rico (March 2023)
6. * Yu T, Michelson J, Lauriola V, Hirano M, Sloan R, Juster R-P, Trumpff C, **Picard M**. Preliminary Associations Between Depressive Symptoms, Neuroticism and Salivary cf-mtDNA Reactivity to Psychosocial Stress. American Psychosomatic Society; San Juan, Puerto Rico (March 2023)
7. * Kelly C, Trumpff C, Gray Z, Wang S, Sloan R, Shapiro P, Hirano M, Slavich G, Assuras S, **Picard M**. Early Life Adverse Experiences and Adulthood Memory Performance Among Individuals with Impaired Cellular Mitochondrial Energetics. American Psychosomatic Society; San Juan, Puerto Rico (March 2023)
8. * Huang Q, Monzel A, Rausser S, Lauriola V, Sloan R, Juster R, Shapiro P, Hirano M, Trumpff C, **Picard M**. Acute Psychological Stress and the Age-Related Marker Growth Differentiation Factor 15 (GDF15) in Healthy Adults: A Preliminary Study. American Psychosomatic Medicine Poster (March 2023)
9. **Picard M**, Bobba-Alves N, Juster RP, Trumpff C. Mitochondrial Psychobiology and the energetic Cost of Stress Responses. American Psychosomatic Society; San Juan, Puerto Rico (March 2023)
10. * Bobba-Alves N, Sturm G, Lin J, Ware SA, Karan KR, Monzel AS, Bris C, Procaccio V, Lenaers G, Higgins-Chen A, Levine M, Horvath S, Santhanam BS, Kaufman BA, Hirano M, Epel E, **Picard M**. Glucocorticoid stress causes cellular hypermetabolism and accelerated aging. Poster presented at EMBO/FEBS Lecture Course: Mitochondria in life, death and disease Budva, Montenegro (2022)
11. * Monzel AS, Enriquez JA, **Picard M**. Molecular diversity among mitochondria in human and mouse tissues highlight specialized mitochondria types (mitotypes). Cell symposium Multifaceted Mitochondria - Seville, Spain. (November 2022)
12. * Sercel AJ, Sturm G, Rausser S, Hirano M, Gallagher D, Melanson EL, St-Onge M-P, **Picard M**. (2022). Does mitochondrial respiratory chain dysfunction impact cellular and whole-body energy metabolism? Cell Symposia: Multifaceted Mitochondria- Sevilla, Spain. (November 2022)
13. * Bobba-Alves N, Sturm G, Lin J, Higgins-Chen A, Levine M, Horvath S, Hirano H, Epel E, Picard M. Modeling the energetic cost of stress adaptation in human cells. Energetics in Anthropology Workshop – Duke University, NC. (May 2022)
14. * Sercel AJ, Sturm G, Rausser S, Hirano M, Gallagher D, Melanson EL, St-Onge MP, Picard M. Does mitochondrial respiratory chain dysfunction alter cellular and whole-body energy Expenditure? Poster presentation, Energetics in Anthropology Workshop – Duke University, NC. (May 2022)
15. * Junker A, Wang J, Gouspillou G, Ehinger JK, Elmér E, Sjövall F, Fisher-Wellman K, Neuffer PD, Molina AJA, Ferrucci L, Picard M. Sex differences in human mitochondria are heterogenous. Oral presentation at the American Psychosomatic Society conference, Long Beach CA. (March 2022)
16. * Bobba-Alves N, Sturm G, Lin J, Ware SA, Karan KR, Monzel A, Bris C, Procaccio V, Lenaers G, Higgins-Chen A, Levine M, Horvath S, Santhanam BS, Kaufman BA, Hirano M, Epel ES, Picard M. Chronic Glucocorticoid Stress Increases Energy Expenditure and Accelerates Aging Trajectories in Human Fibroblast. Oral presentation at the American Psychosomatic Society, Long Beach CA. (March 2022)

17. * Basarrate S, Trumpff S, Picard M. Heterogeneous distribution of psychological stress hormone receptors across major human organ systems: a map for stress transduction. Oral presentation at the American Psychosomatic Society, Long Beach CA. (March 2022)
18. * Rosenberg A, Saggari M, Rogu P, Limoges AW, Sandi C, Mosharov EV, Dumitriu D, Anacker C, **Picard M**. Mouse brain-wide mitochondrial connectivity anchored in gene, brain and behavior. EMBO Workshop on Mitochondrial homeostasis and human disease. (September 2021)
19. * Sturm G, Karan G, Monzel A, Santhanam B, Bris C, Lin J, Procaccio V, Kaufman B, T Saeed, Hirano M, **Picard M**. Mitochondrial respiratory chain dysfunction causes hypermetabolism and accelerates cellular aging trajectories in a longitudinal cellular lifespan system. Oral presentation at the EMBO Workshop on Mitochondrial homeostasis and human disease. (September 2021)
20. * Rosenberg A, Rausser S, Ren J, Mosharov EV, Sturm G, Ogden RT, Patel P, Soni RK, Lacefield C, Tobin DJ, Paus R, **Picard M**. Human hair greying is reversible and involves changes in mitochondrial proteins. Oral presentation at the EMBO Workshop on Mitochondrial homeostasis and human disease. (September 2021)
21. * Faltg J, Lacefield C, Davey T, White K, Laws R, Kosmidis S, Reeve AK, Kandel E, Vincent AE, **Picard M**. 3D neuronal mitochondrial morphology in axons, dendrites, and cell bodies of the aging mouse hippocampus. Poster presentation at the EMBO Workshop on Mitochondrial homeostasis and human disease. (September 2021)
22. * Rosenberg A, Saggari M, Rogu P, Sandi C, Dumitriu D, Anacker C, **Picard M**. Mitochondrial health in mouse cortical and sub-cortical brain region networks is linked to behavior. Society for Biological Psychiatry – Poster presentation (April 2021 - Online)
23. * Sturm G, Michelson J, Kothari M, Karan K, Cardenas A, McGill MA, Hirano M, **Picard M**. Mapping human aging with longitudinal multi-omic and bioenergetic measures in cellular lifespan system. International Conference on Complex Systems – Oral presentation (July 2020 - Online)
24. * Trumpff C, Klein HU, Sandi C, Bennett DA, De Jager P, **Picard M**. Late-life psychosocial exposures and the human brain mitochondrial proteome. American Psychosomatic Society 2020 – Long Beach, CA. (March 2020) Oral presentation accepted, not presented due to conference cancellation.
25. * Rausser S, Trumpff C, McGill MA, Karan KR, Reed RG, **Picard M**. Mitochondrial phenotypes in immune cell subtypes in adult women and men. American Psychosomatic Society 2020 – Long Beach, CA. (March 2020) Poster presentation accepted, not presented due to conference cancellation.
26. * Karan K, Trumpff C, Sturm G, Thomas JE, McGill MA, Rohleder N, Sloan RP, **Picard M**. Mitochondrial respiratory capacity modulates acute LPS-stimulated inflammatory signatures in human blood. TriMAD 2019 – Philadelphia, CA. (October 2019)
27. * Trumpff C, Rausser S, Juster RP, Mitchell A, Ahmad S, Karan KR, Sturm G, McGill MA, Kirschbaum C, **Picard M**. Daily and weekly within-person stability of neuroendocrine, metabolic, and immune biomarkers: An intensive longitudinal exploratory study. International Society of Psychoneuroendocrinology 2019 – Milan, Italy. (August 2019)
28. * Karan KR, Trumpff C, McGill MA, Thomas JE, Sturm G, Lauriola V, Rohleder N, Sloan RP, **Picard M**. Mitochondrial respiratory capacity regulates acute LPS-stimulated inflammatory signatures in human blood. International Society of Psychoneuroendocrinology 2019 – Milan, Italy. (August 2019)
29. * Sturm G, Cardenas A, Bind MA, Horvath S, Wang S, Wang Y, Hägg S, Hirano M, **Picard M**. Human Aging DNA Methylation Signatures are Conserved but Accelerated in Cultured Fibroblasts. International Society for Computational Biology (ISCB/ECCB). (June 2019)
30. * Cross M, Trumpff C, Engelstad K, Gabriel Sturm G, McGill MA, Karan KR, Rosales XQ, Anderson Z, Clark J, Tepler S, Taleon V, Wang J, Manly J, Martinez M, Medina V, Fortune J, Liu G, Lauriola V, Elder DJ, Ogden T, Thiebaut de Schotten M, Shapiro P, McEwen BS, Sloan RP, Wager TD, Hirano M, Picard M. The Mitochondrial Stress, Brain Imaging, and Epigenetics Study – MiSBIE. United Mitochondrial Disease Foundation (UMDF). (June 2019)

31. * Vincent AE, Turnbull DM, **Picard M**. Oncogenic spread of mutant mitochondria in aging and disease. FASEB Mitochondrial Biogenesis in Health and Disease. (May 2019)
32. * Bindra S, McGill MA, Triplett M, Tyagi A, Strack S, Cole S, Sood A, Lutgendorf S, **Picard M**. Tumor mitochondria exhibit abnormal phenotypes and blunted associations with positive and negative psychosocial factors. American Psychosomatic Society – Vancouver, Canada. (March 2019) (** citation poster)
33. * Trumpff C, Marsland AL, Sloan RP, Kaufman BA, **Picard M**. Psychophysiological predictors of stress induced mitochondrial reactivity identified using machine learning classifiers. American Psychosomatic Society – Vancouver, Canada. (March 2019)
34. * **Picard M**. Social principles linking human and mitochondrial behavior. American Psychosomatic Society – Vancouver, Canada. (March 2019)
35. * Vincent AE, Rosa HS, Pabis K, Lawless C, Grünewald A, Chen C, Rygiel KA, Rocha MC, Falkous G, Perissi V, White K, Davey T, Grady JP, Petrof B, Sayer AA, Cooper C, Taylor RW, Turnbull DM, **Picard M**. Clonal expansion of mtDNA deletions originates as a perinuclear niche in aging and disease. Keystone Symposia: Mitochondria in Aging and Age-related Disease. (January 2019)
36. * Vincent AE, Rosa HS, Pabis K, Lawless C, Grünewald A, Chen C, Rygiel KA, Rocha MC, Falkous G, Perissi V, White K, Davey T, Grady JP, Petrof B, Sayer AA, Cooper C, Taylor RW, Turnbull DM, **Picard M**. Sub-cellular origin of mtDNA deletions in human skeletal muscle. CSHL Evolving Concept of Mitochondria Conference – Cold Spring Harbor Laboratory, NY. (October 2018)
37. * Trumpff C, Marsland AL, Martin JL, Carroll JE, Sturm G, Gu Z, Vincent A, Kaufman BA, **Picard M**. Acute psychological stress and ccf-mtDNA reactivity: Psycho-physiological profiles of high responders using multivariate classification algorithms. International Society of Psychoneuroendocrinology – Irvine, CA. (September 2018)
38. * Karan K, Trumpff C, Sturm G, Thomas JE, McGill MA, Rohleder N, Sloan RP, **Picard M**. Mitochondrial modulation of LPS-induced inflammation and glucocorticoid sensitivity in human blood. International Society of Psychoneuroendocrinology 2018 – Irvine, CA. (September 2018)
39. * Sturm G, Karan K, Trumpff C, Basualto C, McGill MA, Hirano M, **Picard M**. Chronic glucocorticoid stress causes a distinct mitochondrial signature and accelerates cellular aging in human fibroblasts. Cell Symposia: Aging and Metabolism – Sitges, Spain. (September 2018)
40. * Trumpff C, Marsland AL, Martin JL, Carroll JE, Sturm G, Gu Z, Vincent A, Kaufman BA, **Picard M**. Circulating cell-free mitochondrial DNA is induced by brief psychological stress. Society for Biological Psychiatry 2018 – New York, NY. (May 2018)
41. * Vincent AE, Rosa HS, Pabis K, Lawless C, Grünewald A, Chen C, Rygiel KA, Rocha MC, Falkous G, Perissi V, White K, Davey T, Grady JP, Petrof B, Sayer AA, Cooper C, Taylor RW, Turnbull DM, **Picard M**. Sub-cellular origin of mtDNA deletions in human skeletal muscle. Annual Neuromuscular Translational Research Conference 2018 – Cambridge, UK. (April 2018)
42. * Vincent AE, White K, Davey T, Philips J, Serrao R, Warren C, Hall, MG, Ng Y, Falkous G, Hogden T, Deehan D, Taylor RW, Turnbull DM, **Picard M**. Quantitative 3D mapping of the skeletal muscle mitochondrial network in health and mtDNA disease. Annual Neuromuscular Translational Research Conference 2018 – Cambridge, UK. (April 2018)
43. * Trumpff C, Marsland AL, Martin JL, Carroll JE, Sturm G, Gu Z, Kaufman BA, **Picard M**. Socio-evaluative stress selectively increases serum circulating cell-free mitochondrial DNA (ccf-mtDNA). American Psychosomatic Society – Louisville, KY. (March 2018)
44. * Vincent AE, White K, Davey T, Philips J, Hall MG, Ng YS, Falkous G, Holden T, Taylor RW, Turnbull DM, **Picard M**. Three dimensional visualisation and quantitative analysis of mitochondrial networks in human skeletal muscle. EUROMIT 10 – Colone, Germany. (June 2017)

45. * Vincent AE, Rosa H, Rygiel KA, Grunewald A, Rocha MC, Reeve AK, Chen C, Falkous G, White K, Davey T, Petrof BJ, Sayer AA, Cooper C, Taylor RW, Turnbull DM, **Picard M**. Clonally expanded mtDNA deletions in human skeletal muscle originate as a proliferative perinuclear niche. EUROMIT 10 – Colone, Germany. (June 2017)
46. * **Picard M**, McManus MJ, Csordas G, Varnai P, Dorn GW, Williams D, Petrof BJ, Turnbull DM, Hajnoczky G, Wallace DC. Trans-mitochondrial coordination of cristae at physiologically-regulated membrane junctions. EUROMIT 10 – Colone, Germany. (June 2017)
47. * Vincent AE, Rosa H, Rygiel KA, Grady JP, Rocha M, Taylor RW, Turnbull, **Picard M**. Mitochondrial DNA deletions originate as a proliferative perinuclear niche. Keystone Symposium, Mitochondria Communication - Taos NM, USA. (Jan 2017)
48. * Vincent AE, Rosa H, Rygiel KA, Grady JP, Rocha M, Taylor RW, Turnbull, **Picard M**. Mitochondrial DNA deletions originate as a proliferative perinuclear niche. TRIMAD - Philadelphia PA, USA. (Nov 2016)
49. **Picard M**, McManus MJ, Gray J, Nasca C, Moffat C, Kopinsky P, Seifert E, McEwen BS, Wallace DC. Discrete Signatures of multi-systemic dysregulation in mice with genetic mitochondrial defects: Implications for health and disease. United Mitochondrial Disease Foundation - Seattle WA, USA. (June 2016)
50. * Vincent AE, Rosa H, Rygiel KA, Grady JP, Rocha M, Taylor RW, Turnbull, **Picard M**. Clonal expansion of mtDNA deletions in skeletal muscle: new insights into mechanisms. United Mitochondrial Disease Foundation - Seattle WA, USA. (June 2016) *[Best poster presentation]*
51. **Picard M**, McManus MJ, Gray J, Nasca C, Moffat C, Kopinsky P, Seifert E, McEwen BS, Wallace DC. Discrete Signatures of Multi-systemic Dysregulation in Mice with Genetic Mitochondrial Defects. NIH Mitochondrial Biology Symposium - Bethesda MD, USA. (May 2016)
52. * Vincent AE, Rosa H, Rygiel KA, Grady JP, Rocha M, Taylor RW, Turnbull, **Picard M**. Clonal expansion of mtDNA deletions across the skeletal muscle mitochondrial network: Insights into mechanisms. NIH Mitochondrial Biology Symposium - Bethesda MD, USA. (May 2016)
53. * Vincent AE, Ng YS, White K, Davey T, Manella C, Falkous G, Feeney C, Schaefer AM, McFarland R, Gorman GS, Taylor RW, Turnbull DM, **Picard M**. The spectrum of mitochondrial ultrastructural and morphological defects in mitochondrial myopathy. Mitochondrial Medicine: Developing New Treatments for Mitochondrial Disease - Hinxton-Cambridge, UK. (May 2016)
54. * Vincent AE, White K, Davey T, Taylor RW, Turnbull, **Picard M**. 3D reconstruction and quantitative analysis of skeletal muscle mitochondrial networks in patients with mitochondrial disease. Neuromuscular Translational Research Conference - Oxford, UK. (March 2016)
55. **Picard M**, McManus MJ, Gray J, Nasca C, Moffat C, Kopinsky P, Seifert E, McEwen BS, Wallace DC. Mitochondrial functions modulate the stress response in mice. ISPNE - Edinburgh, Scotland. (September 2015) * Best poster presentation
56. **Picard M**, McManus MJ, Csordas G, Varnai P, Dorn GW, Williams D, Hajnoczky G, Wallace DC. Trans-mitochondrial coordination of cristae at regulated membrane junctions. Multifaceted Mitochondria, Cell Press meeting - Chicago IL, USA. (July 2015)
57. **Picard M**, McManus MJ, McEwen BS, Wallace DC. Mitochondria Impact Neuroendocrine, Metabolic and Inflammatory Responses to Acute Stress in the Mouse. ISPNE - Montreal, Canada. (August 2014)
58. * **Picard M**, McEwen BS, Juster RP, McManus MJ, Wallace DC. Mitochondrial Allostatic Load (MAL): Putting the 'gluc' back into glucocorticoids. American Psychosomatic Society - San Francisco CA, USA. (March 2014)
59. * **Picard M**, Murphy J, Spendiff S, Hepple RT, Petrof BJ, Wallace DC, Turnbull DM, Taivassalo T. Is Mitochondrial COX Deficiency a Cause of Myofiber Atrophy in Humans. 13th Meeting on Advances in Skeletal Muscle Biology in Health and Disease - Gainesville FL, USA. (March 2014)
60. **Picard M**, Zhang J, Hanecock S, Derbeneva O, Procaccio V, Golhar R, Golik P, O'Hearn S, Levy SE, Potluri P, Lvova M, Davila A, Lin CS, Perin JC, Rappaport EF, Hakonarson H, Wallace DC. Increasing mitochondrial DNA

heteroplasmy causes biphasic reprogramming of nuclear gene expression in human cells. Keystone Conference Q5: Mitochondrial Dynamics and Physiology - Santa Fe NM, USA. (February 2014)

61. **Picard M**, Zhang J, Hanecock S, Derbeneva O, Procaccio V, Golhar R, Golik P, O’Hearn S, Levy SE, Potluri P, Lvova M, Davila A, Lin CS, Perin JC, Rappaport EF, Hakonarson H, Wallace DC. Mitochondrial DNA heteroplasmy reprograms nuclear gene expression. Genomics in Metabolism Conference - Copenhagen, Denmark. (November 2013)
62. **Picard M**, Zhang J, Hanecock S, Derbeneva O, Procaccio V, Golhar R, Golik P, O’Hearn S, Levy SE, Potluri P, Lvova M, Davila A, Lin CS, Perin JC, Rappaport EF, Hakonarson H, Wallace DC. mtDNA A3243G Heteroplasmy induces bi-phasic reprogramming of the nuclear genome. NHLBI Mitochondrial Biology Symposium - Bethesda, USA. (May 2013)
63. **Picard M**, Azuelos I, White K, Jung K, Petrof BJ and Turnbull DM. Contractile in/activity influence mitochondrial morphology and membrane interactions in mouse skeletal muscle. Experimental Biology 2013 - Boston MA, USA. (April 2013)
64. **Picard M**, Zhang J, Hanecock S, Derbeneva O, Procaccio V, Golhar R, Golik P, O’Hearn S, Levy SE, Potluri P, Lvova M, Davila A, Lin CS, Perin JC, Rappaport EF, Hakonarson H, Wallace DC. Mitochondrial DNA heteroplasmy reprograms nuclear gene expression. 2013 Annual CHOP Research Poster Day - Philadelphia PA, USA. (February 2013)
65. * **Picard M**, White K, Gartside S, Turnbull DM. Three-dimensional dynamic organization of mitochondria in skeletal muscle: Effects of a single bout of voluntary exercise. APS Intersociety Meeting: Integrative Biology of Exercise VI - Westminster MD, USA. (October 2012)
66. * **Picard M**, Lax NZ, Ratnaike T, Juster RP, Turnbull DM. Mitochondrial allostatic load? The combined effect of glucose intolerance and mitochondrial DNA mutations on neurological symptoms incidence. International Society of Psychoneuroendocrinology Meeting - New York NY, USA. (September 2012)
67. **Picard M**, Wright KJ, Ritchie D, Thomas MM, Hepple RT. Intrinsic mitochondrial function is relatively preserved in permeabilized cardiomyocytes of senescent myocardium. American College of Sports Medicine 59th annual Meeting and 3rd World Congress on Exercise is Medicine - San Francisco CA, USA. (June 2012)
68. **Picard M**, Liang F, Hussain SNA, Godin R, Goldberg P, Danialou G, Chaturvedi R, Matecki S, Jaber S, Des Rosiers C, Karpati G, Turnbull DM, Taivassalo T, Petrof BJ. Metabolic overload and mitochondrial dysfunction as a cause of diaphragmatic failure after mechanical ventilation. Experimental Biology - San Diego, USA. (April 2012)
69. **Picard M**, Juster RP, Sabiston C. Self-rated mental health predicts emotional well-being in breast cancer survivors. American Psychosomatic Society – Athens, Greece. (March 2012)
70. **Picard M**, Liang F, Hussain SNA, Godin R, Goldberg P, Danialou G, Chaturvedi R, Matecki S, Jaber S, Des Rosiers C, Rygiel K, Karpati G, Turnbull DM, Petrof BJ, Taivassalo T. Metabolic oversupply in the mechanically ventilated human diaphragm is associated with respiratory chain deficiency and alterations of mtDNA. Society of General Physiologists 2011 Symposium: Mitochondrial Physiology and Medicine - Woods Hole MA, USA. (September 2011)
71. **Picard M**, Liang F, Hussain SNA, Godin R, Goldberg P, Danialou G, Chaturvedi R, Matecki S, Jaber S, Des Rosiers C, Karpati G, Petrof BJ, Taivassalo T. Complete segmental cytochrome c oxidase (COX) deficiency dolocalizes with lipid accumulation in the human diaphragm after mechanical ventilation. Euromit 8 - Zaragoza, Spain. (June 2011)
72. **Picard M**, Taivassalo T, Ritchie D, Wright KJ, Thomas MM, Romestaing C, Hepple RT. Mitochondrial isolation exaggerates severity of mitochondrial dysfunction in severely atrophied aging muscle. Euromit 8 - Zaragoza, Spain. (June 2011)
73. **Picard M**, Liang F, Hussain SNA, Goldberg P, Danialou G, Chaturvedi R, Matecki S, Jaber S, Des Rosiers C, Karpati G, Godin R, Taivassalo T, Petrof BJ. Mitochondrial dysfunction and lipid accumulation in the human diaphragm during mechanical ventilation. American Thoracic Society (ATS) Meeting - Denver CO, USA. (May 2011)

74. **Picard M**, Ritchie D, Wright KJ, Thomas MM, Rowan SL, Taivassalo T, Hepple RT. Isolated mitochondria from skeletal muscle show exaggerated impairments with aging compared to mitochondria from permeabilized myofibers. ACSM Conference of Integrative Physiology of Exercise - Miami FL, USA. (September 2010)
75. * **Picard M**, Sabiston CA, McNamara JA. What is health? Framing a transdisciplinary perspective for health as a holistic phenomenon. 5th International Multidisciplinary Conference - Calgary, Canada. (September 2009)

CHAPTERS, MONOGRAPHS, EDITORIALS:

1. (Book Chapter) * **Picard M**, McManus MJ. Mitochondrial signaling in neurodegeneration. In Reeve AK, Simcox A, Duchen MR, Turnbull DM. (Eds.) *Mitochondrial dysfunction in neurodegenerative disorders*, 2nd edition, London: Springer (2016)
2. (Book Chapter) Juster RP, Seeman T, McEwen BS, **Picard M**, Mahar I, Mechawar N, Sindi S, Smith NG, Souza-Talarico J, Sarnyai Z, Lanoix D, Plusquellec P, Ouellet-Morin I, Lupien SJ. Social inequalities and the road to allostatic load: From vulnerability to resilience. In Cichetti D. (Ed.) *Developmental Psychopathology Handbook: Genes and Environment*, 3rd edition, Hoboken, NJ: Wiley (2016)

THESIS:

- **Picard M**. Assessment of mitochondrial function in skeletal muscle during disease, disuse and normal aging. *PhD Dissertation*, McGill University, Canada. 05/2012

MEDIA COVERAGE HIGHLIGHTING OUR RESEARCH:

Energy, mitochondria, and health

- “Overactive Cell Metabolism Linked to Biological Aging” – [CUIMC News](#) 01/2023
- “Energy, and How to Get It” – [The New Yorker](#) 11/2021

The reversibility of hair greying, aging, and its link to stress

- “Going Grey? Relax. Those Silver Strands Could Disappear” – [Columbia Magazine](#) 10/2021
- “It’s Easy to Avoid Going Gray. Just Stress Less.” – [Wall Street Journal](#) 07/2021
- “New research on how to reverse gray hair” – [PBS News Hour](#) 07/2021
- “Aging May Not Be a Linear Process, Study on Reversible Stress-Induced Graying Suggests” – [GENews](#) 07/2021
- “Gray Hair Can Return to Its Original Color—and Stress Is Involved, of Course” – [Scientific American](#) 06/2021
- “It’s True: Stress Does Turn Hair Gray (And It’s Reversible)” – [Columbia News](#) 06/2021
- Other outlets: [Daily Mail](#), [Globe and Mail](#), [New York Post](#), [Philly Voice](#), [Yahoo News](#), [Sci Tech Daily](#), [ScienceDaily](#), [New Scientist](#), [International Business Times](#), [Insider.com](#), [Healthing.ca](#), [Pledge Times](#), [Business Insider](#)
- Radio coverage: [BYU radio](#), [Radio Canada-Bien Entendu](#), [ABC](#), [RNZ](#), BBC Radio World Show, BBC Mundo
- TV coverage: [NBC Today show](#), [CTV News](#), [7NEWS Perth](#),
- Podcasts: [eLife](#)

Mitochondria, stress and mental health

- “The truth about the internet’s favorite stress hormone” – [New York Times](#) 03/2023
- “A glimpse at the mind-body connection under the microscope” – [FABBS](#) 10/2021
- “Could mitochondria be the key to a healthy brain?” – [Knowable](#) 06/2021
- “Mitochondria may hold keys to anxiety and mental health” – [Quanta Magazine](#) 08/2020

The sociality of mitochondria

- “‘Social’ mitochondria, whispering between cells, influence health” – [Quanta Magazine](#) 07/2021
- “The idea that inanimate objects have consciousness, gains steam in science communities” – [Salon](#) 07/2021

INVITED AND/OR PEER-SELECTED ORAL PRESENTATIONS:

INTERNATIONAL MEETINGS:

1. United Mitochondrial Disease Foundation – UMDF. Charlotte, NC. (Research and Clinical talks) 06/2023
2. Euromit 2023. Bologna, Italy. 06/2023
3. Biology of Aging Symposium IV. Montreal, Canada. 05/2023
4. American Psychosomatic Society. San Juan, Puerto Rico. [Award talk; Symposium] 03/2023
5. Biophysical Society. San Diego, CA. 02/2023
6. Mitochondria at the cutting edge. Weismann Institute, Israel. 11/2022
7. Mitochondria: Past and Present. Ein Gedi, Israel. 11/2022
8. Gerontological Society of America. Indianapolis, IN. 11/2022
9. American Psychosomatic Society. Long Beach, CA. 03/2022
10. Society for Neuroscience – SfN. (Remote) 11/2021
11. World Mitochondria Society. Berlin, Germany. (Remote) 10/2021
12. Academy of Behavioral Medicine Research – ABMR. Santa Cruz, CA. 10/2021
13. EMBO workshop on mitochondrial homeostasis in human disease. 09/2021
14. American College of Neuropsychopharmacology – ACNP. (Remote) 12/2020
15. Aging in Single Cells Special Working Group – Sante Fe Institute. Santa Fe, NM. 02/2020
16. European Brain and Behavior Society – EBBS. Prague, Czech Republic. 09/2019
17. International Society for Psychoneuroendocrinology – ISPNE. Milan, Italy. 08/2019
18. Academy of Behavioral Medicine Research – ABMR. Tucson, AZ. 06/2019
19. Gordon Conference, Mitochondria in Health and Disease. Ventura Beach, CA. 03/2019
20. Keystone Symposia, Mitochondria in Skeletal Muscle and Aging. Keystone, CO. 01/2019
21. International Society for Psychoneuroendocrinology – ISPNE. Irvine, CA. 09/2018
22. United Mitochondrial Disease Foundation – UMDF. Nashville, TN. 06/2018
23. Amsterdam Aging Meeting 2018. Amsterdam, Netherlands. 06/2018
24. Society for Biological Psychiatry – SOBP. New York, NY. 05/2018
25. American Psychosomatic Society – APS. Louisville, KY. 03/2018
26. Biophysical Society, Bioenergetics subgroup. San Francisco, CA. 02/2018
27. Psychoneuroimmunology Research Society – PNIRS. Galveston, TX. 06/2017
28. Practicalities of Cellular Imaging, Newcastle University. Newcastle Upon Tyne, UK. 03/2017
29. American Psychosomatic Society – APS. Seville, Spain. 03/2017
30. World Mitochondria Society: Targeting Mitochondria 2016. Berlin, Germany. 10/2016
31. International Society for Psychoneuroendocrinology – ISPNE. Miami, FL. 09/2016
32. European Muscle Conference 2016. Montpellier, France. 09/2016
33. Wellcome Trust Conference on Mitochondrial Medicine. Hinxton, UK. 05/2016
34. Biophysical Society - Bioenergetic Subgroup. Los Angeles, CA. 02/2016
35. Multifaceted Mitochondria, Cell Press Meeting. Chicago, IL. 07/2015
36. American Psychosomatic Society – APS. Savannah, GA. 03/2015
37. International Conference on Systems and Complexity Sciences for Health Care. Washington, DC. 11/2014

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| 38. Mitochondrial Physiology MiP2014. Obergurgl, Austria. | 09/2014 |
| 39. Targeting Mitochondrial Dysfunction and Toxicity Meeting. Boston, MA. | 03/2014 |
| 40. International Congress on Whole Person Care. Montreal, Canada. | 10/2013 |
| 41. Experimental Biology – EB 2011. Washington, DC. | 04/2011 |
| 42. Experimental Biology – EB 2011. Washington, DC. | 04/2011 |
| 43. International Psychosocial Oncology Society (IPOS). Quebec, Canada. | 05/2010 |

NATIONAL MEETINGS:

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| 1. NIH/NIA 4 th Geroscience Summit. | 04/2023 |
| 2. NIEHS/NIA Telomere Research Network. [Keynote] (Remote) | 03/2023 |
| 3. Metabolic Psychiatry Roadmap Retreat 2022. Santa Barbara, CA. | 05/2022 |
| 4. Energetics in Anthropology Workshop. Duke University, NC. | 05/2022 |
| 5. MITO2i symposium. Toronto, Canada. [Keynote] (Remote) | 04/2022 |
| 6. UCLA Mito Symposium. Los Angeles, CA. | 12/2021 |
| 7. NIH-BRS Workshop: Deeply Phenotyped Longitudinal Studies of aging. (Remote) | 02/2021 |
| 8. Allostatic Load Workshop. New Orleans, LA. | 02/2019 |
| 9. NHLBI Workshop Panelist: Enhancing Cardiovascular Resilience. Bethesda, DC. | 06/2018 |
| 10. NIEHS/NIA Workshop Panelist: Exploring telomeres as sentinels for environmental and psychosocial stress, and susceptibility. Research Triangle Park, NC. | 09/2017 |
| 11. Annual Congress of the Canadian Association of Psychosocial Oncology. Vancouver, Canada. | 04/2012 |
| 12. Annual Congress of the Canadian Association of Psychosocial Oncology. Quebec, Canada. | 05/2011 |

REGIONAL MEETINGS:

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| 1. MitoCare Symposium. Philadelphia, PA. | 06/2023 |
| 2. Translational Regional Mitochondria, Aging and Disease (TRiMAD) Symposium. Pittsburgh, PA. | 10/2017 |
| 3. Stress Meeting 2017 – Festschrift for Bruce S McEwen. Princeton University, NJ. | 06/2017 |
| 4. Translational Regional Mitochondria, Aging and Disease (TRiMAD) Symposium. State College, PA. | 11/2015 |
| 5. 10 th McGill Education Graduate Student Society Conference, McGill University. Montreal, Canada. | 03/2011 |
| 6. COPD Strategic Research Group Meeting of the Réseau en Santé Respiratoire (RSR) of the Fond de Recherche en Santé du Québec (FRSQ). Montreal, Canada. * Best oral presentation | 02/2011 |
| 7. Congrès Conjoint de l'APPQ et du Réseau en Santé Respiratoire (RSR) du Fond de Recherche en Santé du Québec (FRSQ). Quebec, Canada. *Best oral presentation | 11/2010 |
| 8. 9 th McGill Education Graduate Student Society Conference, McGill University. Montreal, Canada. | 03/2010 |
| 9. 9 th McGill Education Graduate Student Society Conference, McGill University. Montreal, Canada. | 03/2010 |
| 10. 19 th McGill University Health Center Research Institute Conference. Montreal, Canada. | 06/2009 |
| 11. FRSQ Respiratory Health Network Meeting: COPD Strategic Research Group. Montreal, Canada. | 01/2008 |
| 12. Department of Physiology Annual Research Day, McGill University. Montreal, Canada. | 03/2006 |

INVITED SEMINARS (NATIONAL OR INTERNATIONAL):

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| 1. NIH Emotional Well Being Network. (Remote) | 04/2023 |
| 2. Arizona State University, School of Lie Sciences. Tempe, AZ. | 04/2023 |
| 3. Panelist: Precision Convergence Webinar on Economy of the Brain, McGill University. (Remote) | 01/2023 |
| 4. MitoCase Conference, Massachusetts General Hospital. (Remote) | 01/2023 |

5. McCance Center for Brain Health, Massachusetts General Hospital. (Remote)	01/2023
6. NIH Mitochondrial Disease (MiDi) Interest Group. (Remote)	11/2022
7. North American Mitochondrial Disease Consortium (NAMDC). (Remote)	10/2022
8. Université de Montréal, Biology Department. Montreal, Canada. (Remote)	03/2022
9. Genetics and Genomics Program, Texas A&M.	11/2021
10. Centre de Recherche sur le Vieillessement, Université de Sherbrooke, Canada. (Remote)	10/2021
11. Quantitative Methods Network (QMNet), University of Melbourne. (Remote) Link	09/2021
12. Network Physiology Perspectives of Human Health Webinar, The Physiological Society. (Remote)	07/2021
13. Bench-to-Bedside Seminar, United Mitochondrial Disease Foundation (UMDF). (Remote)	03/2021
14. Penn State University College of Medicine, Department of Physiology. (Remote)	03/2021
15. Friedrich-Alexander University, Chair of Health Psychology. Germany. (Remote)	12/2020
16. NIH Liquid Biopsy Special Interest Group webinar. (joint with Brett Kaufman; Remote)	05/2020
17. UCLA, David Geffen School of Medicine, Metabolism Theme. Los Angeles, CA. (Remote)	03/2020
18. Ohio State University, Institute for Behavioral Medicine Research. Columbus, OH.	03/2020
19. University of Southern California, Leonard Davis School of Gerontology. Los Angeles, CA.	09/2019
20. NIH Rising Stars Lecture Series, Director's Office. Bethesda, MD.	09/2019
21. University of Pittsburgh, Department of Psychology. Pittsburgh, PA.	05/2019
22. Intramural Research Program – Biomedical Research Center, NIA-NIH. Baltimore, MD.	05/2019
23. NIA-IRB Longitudinal Studies Section, Harbor Hospital. Baltimore, MD.	05/2019
24. Victoria University, Institute for Health and Sport. Melbourne, Australia.	03/2019
25. Deakin University, Institute of Physical Activity and Nutrition. Melbourne, Australia.	03/2019
26. Interprofessional Community, "The future of Brain Health". Pasadena, CA.	03/2019
27. Henry Stewart Talks. https://hstalks.com/bs/3836/ (Series on <i>Mitochondrial Biogenesis</i>)	11/2018
28. Université du Luxembourg, Center for Biomedicine. Luxembourg, Luxembourg.	06/2018
29. Thomas Jefferson University, MitoCare Center. Philadelphia, PA.	02/2018
30. Harvard University, National Scientific Council on the Developing Child. Boston, MA.	12/2017
31. Boston University, Department of Biochemistry. Boston, MA.	11/2017
32. University of Iowa, Department of Psychological and Brain Sciences. Iowa City, IA.	10/2017
33. Wayne State University, Center for Molecular Medicine and Genetics, Department of Psychiatry and Behavioral Neurosciences. Detroit, MI.	05/2017
34. EPFL, Brain Mind Institute. Lausanne, Switzerland.	04/2017
35. Penn State University, Department of Bio-Behavioral Health. State College, NY.	02/2017
36. Cambridge University, Mitochondrial Biology Unit. Cambridge, UK.	04/2016
37. York University, Muscle Health Research Centre. Toronto, Canada.	04/2016
38. Gettysburg College, Department of Biochemistry and Molecular Biology. Gettysburg, PA.	02/2016
39. Université de Montréal Centre for Studies on Human Stress. Montreal, Canada.	07/2015
40. Tufts University, Department of Biology. Boston, MA.	04/2015
41. Université de Montréal, Faculty of Pharmacy. Montreal, Canada.	02/2015
42. Centre de Recherche du CHU Ste-Justine. Montreal, Canada.	01/2015
43. Université de Montréal, Department of Physiology. Montreal, Canada.	01/2015
44. Wellcome Trust & Royal Society, Committee for Sir Henry Dale Fellowship. London, UK.	10/2014
45. East Carolina University, Diabetes and Obesity Institute. Greenville, NC.	11/2014
46. John Templeton Complexity Network Meeting. Colorado Springs, CO.	08/2013

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| 47. Academy of Behavioral Medicine (ABMR) Research Meeting. Monterey, CA. | 06/2013 |
| 48. Boston University Medical Center. Boston, MA. | 12/2012 |
| 49. University of Chicago Medicine, Comprehensive Cancer Center. Chicago, IL. | 10/2012 |
| 50. University of California San Francisco, Department of Psychiatry. San Francisco, CA. | 06/2012 |
| 51. University of California San Francisco, Department of Medicine. San Francisco, CA. | 06/2012 |

INVITED SEMINARS (REGIONAL OR LOCAL):

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| 1. Nathan Kline Institute, New York University. Orangeburg, NY. | 04/2023 |
| 2. Mailman School of Public Health, Columbia Aging Center and EH&S Department. New York, NY. | 04/2022 |
| 3. Yale-Columbia Psychiatry Annual Retreat (Remote) | 03/2022 |
| 4. Columbia University, University Seminar (USEM) on the Future of Aging, <i>with Linda Freed.</i> (Remote) | 12/2021 |
| 5. Columbia Teachers College, Applied Physiology Seminar. (Remote) | 03/2021 |
| 6. Columbia University, Department of Neurology, Division of Neuroimmunology. (Remote) | 03/2021 |
| 7. Columbia University, Columbia Aging Center. (Remote) | 03/2021 |
| 8. Columbia University, Department of Psychiatry: Molecular Imaging and Neuropathology. (Remote) | 11/2020 |
| 9. Columbia University, Department of Neurology. New York, NY. (Remote) | 11/2020 |
| 10. Columbia University, Irving Institute. New York, NY. (Remote) | 10/2020 |
| 11. Temple University, Center for Translational Research. Philadelphia, PA. (Remote) | 05/2020 |
| 12. Columbia University, Institute of Human Nutrition. New York, NY. (Remote) | 05/2020 |
| 13. Columbia University, Sackler Institute (Part II). New York, NY. | 05/2019 |
| 14. Columbia University, Sackler Institute (Part I). New York, NY. | 05/2019 |
| 15. Columbia University, Department of Biological sciences. New York, NY. | 02/2019 |
| 16. Columbia University, Departments of Epidemiology and Neurology. New York, NY. | 01/2019 |
| 17. Columbia University, Department of Medicine: Clinical/Epidemiological Research. New York, NY. | 12/2017 |
| 18. Columbia University, Department of Psychiatry: Grand Rounds. New York, NY. | 10/2017 |
| 19. Columbia University, Department of Neurology Annual Research Retreat. New York, NY. | 06/2017 |
| 20. Columbia University, Columbia Mito Group (Part II). New York, NY. | 01/2017 |
| 21. Columbia University, Columbia Mito Group (Part I). New York, NY. | 12/2016 |
| 22. Columbia University, University Seminars (USEM) on the Future of Aging Research. New York, NY. | 12/2016 |
| 23. Columbia Translational Neuroscience Initiative Fortnightly PI Luncheon. New York, NY. | 02/2016 |
| 24. Columbia University, The Merritt Center, Department of Neurology. New York, NY. | 02/2016 |
| 25. Cornell University, Division of Nutritional Sciences. Ithaca, NY. | 11/2015 |
| 26. Feinstein Institute for Medical Research. Long Island, NY. | 07/2014 |
| 27. The Children's Hospital of Philadelphia, Mitochondrial Affinity Group. Philadelphia, PA. | 02/2014 |
| 28. Columbia University Medical Center, Division of Behavioral Medicine. New York, NY. | 12/2013 |
| 29. Children's Hospital of Philadelphia, Mitochondrial Research Affinity Group. Philadelphia, PA. | 05/2013 |
| 30. The Rockefeller University, Laboratory of Neuroendocrinology. New York, NY. | 04/2013 |
| 31. McGill University, Montreal Muscle Group. Montreal, Canada. | 11/2011 |
| 32. McGill University, Faculty of Education. Montreal, Canada. | 03/2011 |
| 33. Université de Montréal, Montreal Muscle Group. Montreal, Canada. | 10/2010 |
| 34. McGill University, Montreal Muscle Group. Montreal, Canada. | 05/2010 |
| 35. McGill University, Meakins Christie Laboratories: The Beer Seminar. Montreal, Canada. | 06/2009 |

PUBLIC OUTREACH:

1. [Metabolic Mind](#) Podcast (>180,000 views) 08/2023
2. [TEDx Cambridge](#) – What powers the mind-body connection? 08/2023
3. [Mitochondrial Innovation Initiative](#) Talk 12/2022
4. [Eat Move Think](#) Podcast 07/2022
5. [Mind & Matter](#) Podcast 05/2022
6. [The Energy Blueprint](#) Podcast (>35,000 views) 07/2019
7. [The Human Upgrade](#) Podcast 02/2019
8. Wagner College, Annual Kaufman-Repage Lecture. New York, NY. [Lecture](#) 10/2018
9. Public lecture, University of Amsterdam. Amsterdam, Netherlands. 06/2018
10. Public lecture, The Nathaniel Wharton Fund, The Lottos Club. New York, NY. 05/2018